

2011 USAPL California State Powerlifting & Bench Press Championships - February 19

Powerlifting Results	WtCls (kg)	Bwt (kg)	Age	SQ-1	SQ-2	SQ-3	Best SQ	BP-1	BP-2	BP-3	Best BP	Sub Total	DL-1	DL-2	DL-3	Best DL	PL Total	Wilks Pts	Pl-Div- WtCls-Evt	
Women Raw 50-59																				
Lisa Bullock	75	72.8	52	52.5	57.5	67.5	57.5	40	40	47.5	47.5	105	65	80	105	80	185	179.247	1-F-RM2-75-PL	
Women Raw 40-49																				
Debbie Rakos	52	51.6	46	52.5	60	62.5	62.5	35	37.5	40	37.5	100	75	82.5	85	85	185	232.008	1-F-RM1-52-PL	
Mikki Martin	60	58.2	48	65	75	75	75	42.5	45	50	50	125	75	92.5	97.5	97.5	222.5	254.006	1-F-RM1-60-PL	
Jeanne Cascadden	90	82.8	47	52.5	52.5	65	65	42.5	47.5	55	55	120	75	85	92.5	92.5	212.5	190.889	1-F-RM1-90-PL	
Women Raw 16-17																				
Alyssa Ross	67.5	65.6	17	67.5	85	100	85	47.5	52.5	57.5	52.5	137.5	115	125	127.5	125	262.5	273.525	1-F-RT2-67.5-PL	
Women Raw Open																				
Alison Patenaude	52	51	34	67.5	85	87.5	87.5	42.5	45	47.5	45	132.5	117.5	130	135	135	267.5	338.495	1-F-RO-52-PL	
Charlotte Genevier	56	54.8	25	55	65	75	75	40	42.5	47.5	42.5	117.5	80	87.5	95	95	212.5	254.299	1-F-RO-56-PL	
Rachael Benninger	60	59.7	26	72.5	77.5	85	72.5	35	40	45	45	117.5	70	77.5	85	85	202.5	226.638	1-F-RO-60-PL	
Kristi Miranda	75	74.1	31	52.5	62.5	72.5	72.5	42.5	50	55	55	127.5	87.5	97.5	105	105	232.5	222.712	1-F-RO-75-PL	
Jeanette Yamamoto	75	69.5	34	30	0	0	30	42.5	47.5	52.5	47.5	77.5	85	95	105	105	182.5	182.464	2-F-RO-75-PL	
Women 50-59																				
Betsy Spann	67.5	66.5	54	85	85	85	85	65	65	65	0	0	110	120	127.5	127.5	0	0.000		
Men Raw 60+																				
John Killin	82.5	82.1	61	142.5	152.5	0	152.5	87.5	92.5	95	95	247.5	190	200	0	190	437.5	293.956	1-M-RM3-82.5-PL	
Bob Kinsey	90	86.6	69	92.5	100	105	105	67.5	72.5	75	72.5	177.5	135	140	145	145	322.5	210.109	1-M-RM3-90-PL	
Men Raw 50-59																				
Jeff Martin	75	73.4	51	107.5	115	127.5	115	85	87.5	92.5	92.5	207.5	172.5	185	187.5	185	392.5	283.974	1-M-RM2-75-PL	
Keith Schiessl	82.5	80.2	51	175	185	190	190	100	110	115	110	300	197.5	210	215	215	515	351.024	1-M-RM2-82.5-PL	
Men Raw 40-49																				
Dan Edelman	75	72.2	45	130	132.5	137.5	137.5	92.5	102.5	107.5	102.5	240	182.5	187.5	192.5	192.5	432.5	316.677	1-M-RM1-75-PL	
Shawn Trell	82.5	81.8	44	115	125	130	130	125	137.5	137.5	125	255	130	137.5	147.5	147.5	402.5	271.043	1-M-RM1-82.5-PL	
Brett Montgomery	90	89	43	160	165	175	175	110	117.5	122.5	117.5	292.5	200	215	227.5	227.5	520	333.892	1-M-RM1-90-PL	
Jason Couse	90	88.7	40	172.5	185	190	185	130	135	140	135	320	170	182.5	0	170	490	315.168	2-M-RM1-90-PL	
Allen Funtanilla	100	97.5	41	182.5	195	205	205	147.5	157.5	165	165	370	192.5	207.5	220	220	590	362.850	1-M-RM1-100-PL	
Men Raw Junior																				
Kevin Greene	60	59.1	20	107.5	117.5	122.5	117.5	67.5	70	72.5	70	187.5	110	125	130	130	317.5	274.574	1-M-RJR-60-PL	
Rolando Peraza	67.5	65.4	20	137.5	150	157.5	157.5	75	82.5	87.5	87.5	245	150	162.5	162.5	162.5	407.5	322.373	1-M-RJR-67.5-PL	
Sam Robin	75	72.5	21	115	125	145	145	87.5	92.5	105	105	250	157.5	172.5	192.5	192.5	442.5	323.025	1-M-RJR-75-PL	
Scott Salomon	75	74	20	115	127.5	135	127.5	75	82.5	85	85	212.5	150	165	175	175	387.5	278.729	2-M-RJR-75-PL	
Misael Peraza	82.5	81.6	23	165	180	185	185	97.5	105	107.5	105	290	217.5	232.5	245	245	535	360.804	1-M-RJR-82.5-PL	
Darvin Bunhor	82.5	77.9	21	130	142.5	150	150	85	92.5	92.5	92.5	242.5	182.5	192.5	195	192.5	435	302.108	2-M-RJR-82.5-PL	
Sloan Toth	82.5	79.4	20	127.5	137.5	142.5	142.5	95	100	107.5	100	242.5	172.5	182.5	192.5	192.5	435	298.410	3-M-RJR-82.5-PL	
Sean Rigsby	110	109.6	22	197.5	217.5	227.5	217.5	137.5	147.5	155	147.5	365	207.5	230	245	230	595	350.574	1-M-RJR-110-PL	
Kyle Ransom	110	107	21	140	150	160	160	110	117.5	125	117.5	277.5	192.5	215	222.5	215	492.5	292.397	2-M-RJR-110-PL	
Men Raw 18-19																				
Connor Martin	75	71.6	19	145	170	185	170	92.5	97.5	102.5	97.5	267.5	162.5	182.5	182.5	162.5	430	316.781	1-M-RT3-75-PL	
Nicholas Loporchio	110	106.6	19	205	220	227.5	227.5	127.5	140	142.5	142.5	370	225	245	260	260	630	374.535	1-M-RT3-110-PL	
Men Raw 16-17																				
Keegan Martin	67.5	65	17	120	137.5	160	137.5	80	80	80	0	0	145	162.5	182.5	162.5	0	0.000		
Tyler Sage	125	124.5	17	217.5	235	235	235	150	157.5	157.5	157.5	392.5	212.5	230	235	230	622.5	355.012	1-M-RT2-125-PL	
Men Raw 14-15																				
Kyle McKay	67.5	60.7	15	87.5	97.5	105	97.5	65	70	70	65	162.5	102.5	110	120	120	282.5	238.402	1-M-RT1-67.5-PL	
Matthew Ross	75	71.3	14	92.5	107.5	115	115	52.5	62.5	62.5	62.5	177.5	115	135	137.5	137.5	315	232.785	1-M-RT1-75-PL	
James 'Cole' Dick	90	86.2	15	102.5	115	125	125	70	77.5	82.5	77.5	202.5	182.5	195	0	195	397.5	259.647	1-M-RT1-90-PL	
Men Raw Open																				
Luke Eisenhardt	67.5	66.9	20	152.5	162.5	170	170	90	95	95	90	260	177.5	190	195	195	455	353.353	1-M-RO-67.5-PL	
Tri Nguyen	75	72.2	21	100	112.5	125	112.5	67.5	75	82.5	75	187.5	135	142.5	152.5	142.5	330	241.626	1-M-RO-75-PL	
Keith Schiessl	82.5	80.2	51	175	185	190	190	100	110	115	110	300	197.5	210	215	215	515	351.024	1-M-RO-82.5-PL	
Alex Piccioli	82.5	78.7	26	130	140	147.5	140	120	130	135	130	270	170	185	200	200	470	324.253	2-M-RO-82.5-PL	

Powerlifting Results	WtCls (kg)	Bwt (kg)	Age	SQ-1	SQ-2	SQ-3	Best SQ	BP-1	BP-2	BP-3	Best BP	Sub Total	DL-1	DL-2	DL-3	Best DL	PL Total	Wilks Pts	PI-Div- WtCls-Evt	
Men Raw Open (cont)																				
David Jurgens	90	89	29	220	227.5	235	235	142.5	150	150	142.5	377.5	287.5	305	320	305	682.5	438.233	1-M-RO-90-PL	
Brian Gilbert	90	85.5	25	155	170	185	185	112.5	125	132.5	132.5	317.5	185	197.5	207.5	207.5	525	344.505	2-M-RO-90-PL	
Brett Montgomery	90	89	43	160	165	175	175	110	117.5	122.5	117.5	292.5	200	215	227.5	227.5	520	333.892	3-M-RO-90-PL	
Marc Adlam	100	91.2	43	105	125	137.5	125	85	90	92.5	90	215	165	172.5	182.5	182.5	397.5	252.094	1-M-RO-100-PL	
Mike Ramirez	110	109.9	25	227.5	240	240	240	155	162.5	170	162.5	402.5	227.5	245	257.5	245	647.5	381.183	1-M-RO-110-PL	
James Gouig	110	107.9	34	197.5	227.5	242.5	197.5	165	182.5	182.5	165	362.5	190	227.5	232.5	232.5	595	352.300	2-M-RO-110-PL	
Francis Valdez IV	125	123.1	31	235	242.5	250	250	187.5	195	197.5	195	445	270	280	285	285	730	417.341	1-M-RO-125-PL	
Philip Russell	125	117.2	29	215	225	230	230	160	170	175	170	400	235	242.5	250	250	650	375.830	2-M-RO-125-PL	
Men 50-59																				
Mike Koufos	90	86.8	50	185	192.5	200	200	117.5	122.5	127.5	127.5	327.5	200	210	220	220	547.5	356.258	1-M-M2-90-PL	
Wayne Jandoc	110	108.2	53	272.5	292.5	305	292.5	202.5	210	217.5	217.5	510	237.5	247.5	252.5	252.5	762.5	451.095	1-M-M2-110-PL	
Jonathan Weeks	125	120.6	50	237.5	245	257.5	257.5	167.5	167.5	167.5	0	0	237.5	257.5	272.5	272.5	0	0.000		
Men 40-49																				
Mel Goodwin	125	123.9	49	227.5	250	262.5	250	215	230	240	240	490	227.5	252.5	262.5	252.5	742.5	423.893	1-M-M1-125-PL	
Men Junior																				
Greg Darnell	75	73.3	20	165	175	182.5	182.5	107.5	110	112.5	112.5	295	182.5	195	0	195	490	354.858	1-M-JR-75-PL	
Vithuran Arulmoli	82.5	81	22	180	190	190	190	115	115	120	115	305	182.5	197.5	215	197.5	502.5	340.393	1-M-JR-82.5-PL	
Men Open																				
Nicholas O'Brien	82.5	78.2	27	182.5	190	200	200	130	137.5	137.5	130	330	185	200	215	215	545	377.522	1-M-O-82.5-PL	
Joey Aiello	100	93.5	36	142.5	0	0	0	0	0	0	0	0	0	0	0	0	0	0.000		
Mel Goodwin	125	123.9	49	227.5	250	262.5	250	215	230	240	240	490	227.5	252.5	262.5	252.5	742.5	423.893	1-M-O-125-PL	
Robert Speno	125+	134.1	42	352.5	367.5	367.5	352.5	255	255	255	0	0	277.5	0	0	277.5	0	0.000		
Men Out of State																				
Richard Schuller	90	89.3	70	150	165	172.5	172.5	105	112.5	120	112.5	285	172.5	172.5	182.5	172.5	457.5	293.257	1-M-OOS-90-PL	

Bench Press Results	WtCls (kg)	Bwt (kg)	Age	BP-1	BP-2	BP-3	Best BP	Wilks Pts	PI-Div- WtCls-Evt
Women Raw Junior									
Michaela Andrews	90+	113.2	23	60	65	65	65	52.540	1-F-RJR-90+-BP
Men Raw 60+									
Mike Kane	82.5	81.1	70	100	107.5	110	110	74.459	1-M-RM3-82.5-BP
Denny Faler	125+	128.3	70	120	130	137.5	130	73.710	1-M-RM3-125+-BP
Men Raw 50-59									
Kevin Jordan	110	107.6	53	135	145	150	145	85.927	1-M-RM2-110-BP
David Andrews	125	116.3	51	185	190	192.5	192.5	111.515	1-M-RM2-125-BP
Glen Tenove	125+	129.1	55	177.5	185	185	185	104.765	1-M-RM2-125+-BP
Men Raw 40-49									
Carlos Rivas	82.5	79.9	47	152.5	157.5	160	157.5	107.604	1-M-RM1-82.5-BP
Gary Strassberg	100	97.3	42	105	105	105	0	0.000	
Ken Thunberg	110	103.4	48	165	182.5	182.5	165	99.148	1-M-RM1-110-BP
Men Raw 16-17									
Raymond Michael Barreto	110	108.9	17	127.5	127.5	137.5	127.5	75.263	1-M-RT2-110-BP
Men Raw Open									
Carlos Rivas	82.5	79.9	47	152.5	157.5	160	157.5	107.604	1-M-RO-82.5-BP
John McKay	90	89.6	38	160	160	165	165	105.567	1-M-RO-90-BP
Shawn David Christiansen	100	98.2	37	175	182.5	187.5	182.5	111.891	1-M-RO-100-BP
Ken Thunberg	110	103.4	48	165	182.5	182.5	165	99.148	1-M-RO-110-BP
Glen Tenove	125+	129.1	55	177.5	185	185	185	104.765	1-M-RO-125+-BP
Greg Dupas	125+	127	27	165	175	182.5	175	99.417	2-M-RO-125+-BP
Men 60+									
David Cummerow	82.5	80.6	62	145	147.5	147.5	145	98.527	1-M-M3-82.5-BP
Men 50-59									
Glen Tenove	125+	129.1	55	177.5	185	185	185	104.765	1-M-M2-125+-BP
Men Junior									
William Garcia	56	55.6	20	145	157.5	157.5	157.5	144.396	1-M-JR-56-BP
Men Open									
Ron Garcia	125	110.9	47	172.5	182.5	182.5	172.5	101.258	1-M-O-125-BP