

## 2011 USAPL Southern California Regionals

Powerlifting Results	Bwt (kg)	WTCLs (kg)	Age	SQ-1	SQ-2	SQ-3	Best SQ	BP-1	BP-2	BP-3	Best BP	Sub Total	DL-1	DL-2	DL-3	Best DL	PL Total	Wilks Pts	PI-Div- WTCLs-Evt	
<b>Women Raw Masters 40-49</b>																				
Jeannine Cascadden	85.2	90	48	65	<del>75</del>	75	75	47.5	57.5	60	60	135	92.5	102.5	112.5	112.5	247.5	219.186	1-FR-M1-90-PL	
<b>Women Raw Open</b>																				
Dawn Gonzales	47.9	48	25	75	<del>85</del>	<del>85</del>	75	35	37.5	40	40	115	92.5	100	110	110	225	298.463	1-FR-O-48-PL	
Marisa Inda	51.1	52	35	102.5	107.5	112.5	112.5	60	65	70	70	182.5	140	152.5	155	155	337.5	426.431	1-FR-O-52-PL	
Teale Adelman	54.7	56	20	80	90	97.5	97.5	80.5	87.5	<del>93</del>	87.5	185	130	137.5	150.5	150.5	335.5	402.097	1-FR-O-56-PL	
Mina Arora	55.6	56	34	<del>70</del>	70	72.5	72.5	35	40	<del>47.5</del>	40	112.5	75	85	95	95	207.5	245.514	2-FR-O-56-PL	
Rachel Cosgrove	67	67.5	36	87.5	102.5	<del>110</del>	102.5	52.5	60	<del>65</del>	60	162.5	110	122.5	135	135	297.5	305.265	1-FR-O-67.5-PL	
Aimee Hale	62.9	67.5	32	<del>92.5</del>	<del>92.5</del>	92.5	92.5	52.5	<del>57.5</del>	57.5	57.5	150	125	<del>140</del>	140	140	290	311.837	2-FR-O-67.5-PL	
Jeanette Yamamoto	66.1	67.5	36	65	75	80	80	45	50	<del>55</del>	50	130	92.5	105	107.5	107.5	237.5	246.098	3-FR-O-67.5-PL	
Sheryl "Punky" Condon	72.6	75	38	130	<del>140</del>	<del>140</del>	130	67.5	<del>75</del>	<del>75</del>	67.5	197.5	157.5	167.5	172.5	172.5	370	359.159	1-FR-O-75-PL	
<b>Women Masters 60+</b>																				
Stephanie Whiting	45.3	48	63	62.5	67.5	70	70	40	42.5	45	45	115	77.5	85	90	90	205	282.982	1-F-M3-48-PL	
<b>Men Raw Teen 16-17</b>																				
Grant Montgomery	72.6	75	17	95	105	110	110	<del>90</del>	95	<del>102.5</del>	95	205	120	130	145	145	350	255.255	1-MR-T2-75-PL	
<b>Men Raw Masters 40-49</b>																				
Shawn Trel	82.5	82.5	45	135	142.5	147.5	147.5	127.5	132.5	137.5	137.5	285	150	160	170	170	455	304.805	1-MR-M1-82.5-PL	
Chad Landers	76.1	82.5	42	115	130	137.5	137.5	97.5	107.5	110	110	247.5	155	170	175	175	422.5	298.074	2-MR-M1-82.5-PL	
Brett Montgomery	89.7	90	44	172.5	180	<del>185</del>	180	112.5	117.5	122.5	122.5	302.5	215	227.5	240	240	542.5	346.929	1-MR-M1-90-PL	
<b>Men Raw Masters 60+</b>																				
Gordon B Santee	65.7	67.5	65	82.5	95	<del>102.5</del>	95	75	82.5	90.5	90.5	185.5	170	182.5	0	182.5	368	290.021	1-MR-M3-67.5-PL	
Bob Pelletier	81.6	82.5	64	100	110	<del>117.5</del>	110	82.5	<del>85</del>	0	82.5	192.5	115	140	160	160	352.5	237.726	1-MR-M3-82.5-PL	
<b>Men Raw Open</b>																				
Guy Perry	58.9	60	32	85	90	92.5	92.5	55	60	65	65	157.5	95	110	115	115	272.5	236.394	1-MR-O-60-PL	
Scott Layman	66.5	67.5	41	190.5	<del>207.5</del>	<del>207.5</del>	190.5	137.5	145	<del>153</del>	145	335.5	192.5	210	<del>217.5</del>	210	545.5	425.708	1-MR-O-67.5-PL	
Kyle Simpson	64.9	67.5	20	125	<del>135</del>	<del>135</del>	125	100	107.5	<del>110</del>	107.5	232.5	197.5	207.5	215	215	447.5	356.299	2-MR-O-67.5-PL	
Brandon Goris	71.3	75	23	142.5	<del>165</del>	0	142.5	130	132.5	140	140	282.5	225	252.5	<del>255</del>	252.5	535	395.365	1-MR-O-75-PL	
Jaeyoon Cho	73.8	75	22	130	137.5	142.5	142.5	77.5	82.5	<del>85</del>	82.5	225	132.5	142.5	<del>150</del>	142.5	367.5	264.857	2-MR-O-75-PL	
Sam Robin	78.8	82.5	22	170	<del>182.5</del>	180	180	120	<del>127.5</del>	<del>127.5</del>	120	300	212.5	225	<del>230</del>	225	525	361.883	1-MR-O-82.5-PL	
Nik Herold	81.8	82.5	28	157.5	175	190	190	110	120	122.5	122.5	312.5	192.5	212.5	<del>227.5</del>	212.5	525	353.535	2-MR-O-82.5-PL	
Gary Damm	79.9	82.5	40	142.5	<del>157.5</del>	157.5	157.5	92.5	107.5	<del>112.5</del>	107.5	265	182.5	205	207.5	207.5	472.5	322.812	3-MR-O-82.5-PL	
Scott Salomon	81.3	82.5	21	140	<del>150</del>	150	150	85	90	92.5	92.5	242.5	170	182.5	<del>200</del>	182.5	425	287.257	4-MR-O-82.5-PL	
Chad Landers	76.1	82.5	42	115	130	137.5	137.5	97.5	107.5	110	110	247.5	155	170	175	175	422.5	298.074	5-MR-O-82.5-PL	
Victor Bayliss	81.2	82.5	38	105	115	127.5	127.5	97.5	105	107.5	107.5	235	147.5	160	0	160	395	267.178	6-MR-O-82.5-PL	
Jim Kerns	88.3	90	27	165	185	195	195	115	127.5	<del>137.5</del>	127.5	322.5	207.5	227.5	<del>235</del>	227.5	550	354.585	1-MR-O-90-PL	
Brett Montgomery	89.7	90	44	172.5	180	<del>185</del>	180	112.5	117.5	122.5	122.5	302.5	215	227.5	240	240	542.5	346.929	2-MR-O-90-PL	
Brian Gilbert	84.7	90	26	70	0	70	130	137.5	140	140	140	210	80	0	80	80	290	191.313	3-MR-O-90-PL	
Trent Cooper	98.6	100	23	165	180	<del>190</del>	180	107.5	117.5	<del>127.5</del>	117.5	297.5	182.5	192.5	197.5	197.5	495	302.990	1-MR-O-100-PL	
Drew Cooper	99.3	100	25	147.5	157.5	<del>162.5</del>	157.5	110	122.5	<del>130</del>	122.5	280	195	202.5	212.5	212.5	492.5	300.573	2-MR-O-100-PL	
John Planas	108.2	110	37	277.5	<del>285</del>	<del>285</del>	277.5	192.5	<del>200</del>	<del>200</del>	192.5	470	292.5	302.5	<del>310</del>	302.5	772.5	457.011	1-MR-O-110-PL	
Barrett Marun	109.8	110	33	215	227.5	235	235	155	165	170	170	405	242.5	255	<del>260</del>	255	660	388.608	2-MR-O-110-PL	
Philip Russell	118.2	125	29	<del>225</del>	235	<del>240</del>	235	165	172.5	177.5	177.5	412.5	245	<del>257.5</del>	<del>257.5</del>	245	657.5	379.378	1-MR-O-125-PL	
<b>Men Masters 40-49</b>																				
Richie Arakelian	74.2	75	42	<del>147.5</del>	147.5	157.5	157.5	90	102.5	<del>107.5</del>	102.5	260	100	<del>120</del>	0	100	360	258.444	1-M-M1-75-PL	
<b>Men Masters 50-59</b>																				
Lothar Vallot	89.5	90	59	127.5	<del>137.5</del>	<del>145</del>	127.5	97.5	105	<del>110</del>	105	232.5	142.5	152.5	160	160	392.5	251.279	1-M-M2-90-PL	
<b>Men Masters 60+</b>																				
William "Bill" Weinstock	73.5	75	65	135	<del>140</del>	140	140	75	77.5	80	80	220	<del>175</del>	180	187.5	187.5	407.5	294.541	1-M-M3-75-PL	
<b>Men Open</b>																				
Kevin Greene	66.7	67.5	21	165	<del>180</del>	180	180	92.5	<del>102.5</del>	102.5	102.5	282.5	150	<del>182.5</del>	<del>182.5</del>	150	432.5	336.701	1-M-O-67.5-PL	
Luke Eisenhart	71.5	75	21	190	<del>202.5</del>	210	210	92.5	102.5	<del>105</del>	102.5	312.5	185	205	<del>220</del>	205	517.5	381.656	1-M-O-75-PL	
Richie Arakelian	74.2	75	42	<del>147.5</del>	147.5	157.5	157.5	90	102.5	<del>107.5</del>	102.5	260	100	<del>120</del>	0	100	360	258.444	2-M-O-75-PL	
Nick O'Brien	80.9	82.5	28	190	200	207.5	207.5	127.5	132.5	137.5	137.5	345	200	215	227.5	227.5	572.5	388.098	1-M-O-82.5-PL	
Greg Darnell	79.5	82.5	21	175	<del>185</del>	190	190	115	120	125	125	315	185	205	210	210	525	359.835	2-M-O-82.5-PL	

Bench Press Results	Bwt (kg)	WTCLs (kg)	Age	BP-1	BP-2	BP-3	Best BP	Wilks Pts	Pl-Div- WTCLs-Evt
<b>Women Raw Teen 16-17</b>									
Madeline Andrews	50.6	52	16	27.5	<del>30</del>	30	30	38.190	1-FR-T2-52-BP
<b>Women Raw Open</b>									
Jessica Eller	67.1	67.5	27	57.5	62.5	<del>67.5</del>	62.5	64.062	1-FR-O-67.5-BP
Raquel Fallman	70.7	75	20	42.5	<del>47.5</del>	<del>47.5</del>	42.5	41.994	1-FR-O-75-BP
<b>Men Raw Teen 14-15</b>									
Stevie Feeko	73.9	75	15	92.5	<del>100</del>	<del>100</del>	92.5	66.600	1-MR-T1-75-BP
Stephan Schaap	79.6	82.5	15	102.5	107.5	110	110	75.339	1-MR-T1-82.5-BP
<b>Men Raw Teen 18-19</b>									
Luis Sanchez	138.8	125+	19	125	135	140	140	78.330	1-MR-T3-125+-BP
<b>Men Raw Masters 40-49</b>									
Rick May	87.5	90	46	137.5	<del>140</del>	<del>140</del>	137.5	89.086	1-MR-M1-90-BP
Jack Stovall	107.7	110	44	<del>165</del>	165	<del>182.5</del>	165	97.746	1-MR-M1-110-BP
<b>Men Raw Masters 50-59</b>									
David Andrews	82.5	82.5	54	77.5	85	<del>92.5</del>	85	56.942	1-MR-M2-82.5-BP
Johnnie Walker	88.5	90	59	130	142.5	<del>147.5</del>	142.5	91.770	1-MR-M2-90-BP
Rudolf Schaap	133.3	125+	51	185	190	192.5	192.5	108.397	1-MR-M2-125+-BP
<b>Men Raw Masters 60+</b>									
John Sanchez	87.1	90	65	60	65	70	70	45.465	1-MR-M3-90-BP
<b>Masters Raw Open</b>									
Travis Buck	86.6	90	21	<del>125</del>	135	<del>145</del>	135	87.952	1-MR-O-90-BP
Quinn Hatfield	88.5	90	39	102.5	<del>107.5</del>	0	102.5	66.010	2-MR-O-90-BP
Jack Stovall	107.7	110	44	<del>165</del>	165	<del>182.5</del>	165	97.746	1-MR-O-110-BP
Rudolf Schaap	133.3	125+	51	185	190	192.5	192.5	108.397	1-MR-O-125+-BP
<b>Men Raw Teen 14-15</b>									
Stephan Schaap	79.6	82.5	15	102.5	107.5	110	110	75.339	1-M-T1-82.5-BP
<b>Men Masters 50-59</b>									
Kevin Jordan	109.3	110	54	162.5	172.5	<del>182.5</del>	172.5	101.723	1-M-M2-110-BP
<b>Men Masters 60+</b>									
Bob Evans	108.4	110	65	192.5	<del>201</del>	<del>201</del>	192.5	113.806	1-M-M3-110-BP
<b>Men Open</b>									
Hung Pham	53.6	56	37	62.5	0		62.5	59.437	1-M-O-56-BP
Charlie Martin	80.9	82.5	56	<del>160</del>	<del>160</del>	0	0	0.000	
Bob Evans	108.4	110	65	192.5	<del>201</del>	<del>201</del>	192.5	113.806	1-M-O-110-BP

Deadlift Results	Bwt (kg)	WTCLs (kg)	Age	DL-1	DL-2	DL-3	Best DL	Wilks Pts	Pl-Div- WTCLs-Evt
<b>Women Raw Teen 16-17</b>									
Madeline Andrews	50.6	52	16	65	72.5	77.5	77.5	98.658	1-FR-T2-52-DL
<b>Women Raw Masters 40-49</b>									
Janelle Mault	75	75	43	132.5	140	145	145	137.837	1-FR-M1-75-DL
<b>Women Raw Masters 60+</b>									
Carol Morton	110	90+	64	40	45	50	50	40.655	1-FR-M3-90+-DL
<b>Women Raw Open</b>									
Jessica Eller	67.1	67.5	27	120	132.5	145	145	148.625	1-FR-O-67.5-DL
Raquel Fallman	70.7	75	20	110	<del>122.5</del>	<del>122.5</del>	110	108.691	1-FR-O-75-DL
<b>Men Raw Teen 18-19</b>									
Luis Sanchez	138.8	125+	19	145	160	<del>175</del>	160	89.520	1-MR-T3-125+-DL
<b>Men Raw Masters 40-49</b>									
Andrew Freund	72.8	75	41	145	<del>160</del>	<del>160</del>	145	105.531	1-MR-M1-75-DL
<b>Men Raw Masters 50-59</b>									
David Andrews	82.5	82.5	54	165	172.5	<del>182.5</del>	172.5	115.558	1-MR-M2-82.5-DL
<b>Men Raw Masters 60+</b>									
John Sanchez	87.1	90	65	90	110	<del>147.5</del>	110	71.445	1-MR-M3-90-DL
<b>Men Raw Open</b>									
Quinn Hatfield	88.5	90	39	235	250	<del>255</del>	250	161.000	1-MR-O-90-DL
Travis Buck	86.6	90	21	215	225	<del>240</del>	225	146.587	2-MR-O-90-DL
Jason Johnson	88.5	90	30	202.5	210	212.5	212.5	136.850	3-MR-O-90-DL
Eric Gunn	108	110	40	250	280	285	285	168.691	1-MR-O-110-DL
<b>Men Masters 50-59</b>									
Raymond Cavileer	80.2	82.5	58	210	227.5	232.5	232.5	158.472	1-M-M2-82.5-DL
<b>Men Masters 60+</b>									
Alfred Franke	83.5	90	70	155	165	182.5	182.5	121.381	1-M-M3-90-DL