

2009 USAPL California State Championships

Meet Location: Velocity Sports Performance, Santa Clarita, CA

Meet Date: February 21, 2009

Meet Director: Lance Slaughter

Powerlifting Results Name	Div	Bwt (kg)	WtCls (kg)	Age	SQ-1	SQ-2	SQ-3	Best SQ	BP-1	BP-2	BP-3	Best BP	Sub Total	DL-1	DL-2	DL-3	Best DL	PL Total
Raw Women Masters																		
Gayle Arrowood	40-49	66.8	67.5	48	57.5	65	70	65	35	40	42.5	42.5	107.5	80	85	90	90	197.5
Karen Flakes	40-49	68.7	75	49	60	70	75	75	40	47.5	50	47.5	122.5	102.5	112.5	115	115	237.5
Janelle Mault	40-49	72	75	40	42.5	50	50	50	40	45	47.5	45	95	102.5	115	130	130	225
Joni Ragsdale	50-59	63.1	67.5	50	55	62.5	67.5	67.5	40	47.5	47.5	40	107.5	80	90	95	95	202.5
Karen Parnow	50-59	78.2	82.5	50	62.5	70	75	75	50	55	57.5	57.5	132.5	92.5	100	105	105	237.5
Raw Women Open																		
Gayle Arrowood		66.8	67.5	48	57.5	65	70	65	35	40	42.5	42.5	107.5	80	85	90	90	197.5
Karen Parnow		78.2	82.5	50	62.5	70	75	75	50	55	57.5	57.5	132.5	92.5	100	105	105	237.5
Men Teen																		
Garrett Bjerke	16-17	62.5	67.5	17	112.5	122.5	132.5	132.5	62.5	67.5	70	67.5	200	125	137.5	145	145	345
Kyle Ransom	18-19	93.8	100	19	125	135	140	135	87.5	100	105	105	240	170	185	190	190	430
Men Junior																		
Brent Tanaka		73.7	75	22	193	192.5	207.5	207.5	140	150	152.5	150	357.5	217.5	237.5	242.5	237.5	595
Men Masters																		
John Killin	50-59	82.8	90	59	125	142.5	155	155	105	110	112.5	110	265	175	190	200	200	465
Lothar Vallot	50-59	89.3	90	57	102.5	112.5	120	120	95	100	105	100	220	115	130	142.5	130	350
Jeremy Neher	50-59	87.5	90	55	115	127.5	145	127.5	72.5	72.5	77.5	72.5	200	137.5	150	150	150	350
Bill Weinstock	60-69	75.4	82.5	62	75	0	0	75	75	0	0	75	150	75	0	0	75	225
Men Open																		
David Jurgens		82.3	82.5	27	250	0	0	250	142.5	152.5	160	160	410	275	0	0	275	685
Allen Funtanilla		89.9	90	39	205	215	227.5	215	162.5	170	170	170	385	207.5	217.5	0	207.5	592.5
Shawn Buckley		96.3	100	26	247.5	265	272.5	272.5	185	202.5	207.5	207.5	480	272.5	295	302.5	295	775
Barrett Marum		108.3	110	30	272.5	287.5	295	287.5	205	217.5	227.5	217.5	505	260	267.5	277.5	267.5	772.5
Adam Johnson		123.8	125	29	288	287.5	300	300	192.5	200	207.5	207.5	507.5	280	295	305	305	812.5
Raw Men Teen																		
Esteban Peinado	14-15	67.3	67.5	15	75	85	92.5	85	47.5	52.5	57.5	57.5	142.5	85	110	120	120	262.5
Jared Galapia	14-15	71.9	75	14	115	122.5	132.5	122.5	67.5	77.5	85	85	207.5	105	125	140	140	347.5
Terence Davy	18-19	102.2	110	18	192.5	200	207.5	207.5	137.5	142.5	142.5	137.5	345	215	230	245	245	590
Raw Men Junior																		
Trey Long		59.7	60	22	92.5	102.5	115	102.5	95	105	105	105	207.5	137.5	152.5	167.5	167.5	375
David Zyski		138.8	125+	23	185	227.5	250	250	142.5	160	170	170	420	225	250	277.5	277.5	697.5
Raw Men Masters																		
Michael Brown	40-49	90	90	48	140	150	155	150	110	117.5	122.5	117.5	267.5	175	187.5	0	187.5	455
Dave Nelson	40-49	86.4	90	41	87.5	97.5	97.5	87.5	62.5	62.5	65	65	152.5	102.5	117.5	127.5	127.5	280
Jim Chaaban	40-49	108.3	110	40	195	205	210	210	165	172.5	177.5	172.5	382.5	212.5	222.5	227.5	227.5	610
Robert Speno	40-49	130.7	125+	40	280	292.5	300	300	197.5	207.5	212.5	207.5	507.5	275	285	292.5	285	792.5
Kevin Meskew	50-59	59.9	60	53	100	110	117.5	117.5	65	75	77.5	77.5	195	145	157.5	162.5	162.5	357.5
Homi Shivaie	50-59	58.9	60	59	95	115	120	120	50	65	75	75	195	130	145	160	160	355
Jerry Moylan	50-59	66	67.5	55	115	130	140	140	77.5	92.5	95	92.5	232.5	160	0	0	160	392.5
Wayne Jandoc	50-59	107.1	110	51	210	227.5	230	230	157.5	162.5	167.5	167.5	397.5	232.5	245	252.5	252.5	650
Kevin Jordan	50-59	105.3	110	51	145	160	170	170	100	115	127.5	127.5	297.5	165	185	200	200	497.5
Robert Mattison	70+	71.2	75	71	80	95	105	95	97.5	105	107.5	105	200	165	175	180	180	380
Raw Men Open																		
Corey Politino		67.2	67.5	32	125	145	155	145	112.5	120	125	120	265	162.5	182.5	190	182.5	447.5
Jerry Moylan		66	67.5	55	115	130	140	140	77.5	92.5	95	92.5	232.5	160	0	0	160	392.5
Francis Astilla		73.9	75	34	125	135	142.5	142.5	107.5	115	117.5	117.5	260	185	195	200	195	455
Kaden Nguyen		81.6	82.5	28	175	187.5	187.5	175	110	115	120	115	290	190	210	225	225	515
Craig Rasmussen		98.2	100	38	175	192.5	192.5	175	130	130	137.5	130	305	215	230	0	215	520
Mike Wunsch		91.7	100	32	142.5	160	170	160	92.5	97.5	97.5	92.5	252.5	100	0	0	100	352.5
Wayne Jandoc		107.1	110	51	210	227.5	230	230	157.5	162.5	167.5	167.5	397.5	232.5	245	252.5	252.5	650
Phillip Russell		109.7	110	27	190	195	202.5	202.5	152.5	157.5	0	157.5	360	215	227.5	232.5	232.5	592.5
John Planas		118.4	125	34	267.5	282.5	287.5	282.5	202.5	212.5	220	212.5	495	292.5	300	310	310	805
Eugene Chung		119.3	125	31	218	240	255	255	190	205	215	215	470	272.5	305	315	315	785
Robert Speno		130.7	125+	40	280	292.5	300	300	197.5	207.5	212.5	207.5	507.5	275	285	292.5	285	792.5
Dan Harrison		134	125+	27	265	280	280	265	167.5	167.5	175	167.5	432.5	275	300	0	275	707.5
David Zyski		138.8	125+	23	185	227.5	250	250	142.5	160	170	170	420	225	250	277.5	277.5	697.5

POWERLIFTING BEST LIFTERS

Raw Women: Karen Flakes

Men: Shawn Buckley

Raw Men: John Planas

Bench Press Results Name	Div	Bwt (kg)	WtCls (kg)	Age	BP-1	BP-2	BP-3	Best BP
Men Masters								
Jim Chaaban	40-49	108.3	110	40	217.5	232.5	235	232.5
Ron Garcia	40-49	113.9	125	45	172.5	182.5	182.5	182.5
Alvin Waldon	50-59	107	110	57	182.5	205	205	182.5
Bob Evans	60-69	108.6	110	62	195	195	200.5	195
Denny Faler	60-69	131.6	125+	68	125	137.5	142.5	142.5
Men Open								
Rudy Garcia		79.9	82.5	34	150	157.5	165	165
Les Oeri		89.2	90	57	147.5	155	162.5	162.5
Hoddy Fritz		89.7	90	42	150	157.5	160	157.5
Christopher White		98.7	100	30	185	190	190	190
Jim Chaaban		108.3	110	40	217.5	232.5	235	232.5
Alvin Waldon		107	110	57	182.5	205	205	182.5
Russ Ryan		108.9	110	34	165	170	175	175
Ron Garcia		113.9	125	45	172.5	182.5	182.5	182.5
Men Out of State								
Pat Cannon		107.2	110	52	210	225	230	230
Raw Men Teen								
Lester Dedrick	14-15	200.8	125+	14	122.5	127.5	130	127.5
Marcus Jacobo	16-17	66.2	67.5	17	77.5	85	87.5	85
Raw Men Masters								
Stacy Dedrick	40-49	88.5	90	43	185	185	185	0
Sam Graham	40-49	95.8	100	40	142.5	150	160	160
Les Oeri	50-59	89.2	90	57	147.5	155	162.5	162.5
Alvin Waldon	50-59	107	110	57	182.5	205	205	182.5
Bill Hill	60-69	99.1	100	66	147.5	152.5	152.5	152.5
Denny Faler	60-69	131.6	125+	68	125	137.5	142.5	142.5
Raw Men Open								
Matthew Reep		72.5	75	34	140	147.5	155	147.5
Alvin Waldon		107	110	57	182.5	205	205	182.5

BENCH PRESS ONLY BEST LIFTERS

Men: Jim Chabaan

Raw Men: Alvin Waldon

Referees:

Bill Ennis - IPF Cat I

Steve Heyl - National

Jim Merlino - National

John Planas - State

Score Table:

Raymond Cavileer

Pam Pannuccio

Jonna Wiltshire

Platform Manager:

Robert Cortes

Platform Staff:

Mike

Brad Hegel

Mike Wolmesdorf

Kevin Jordan

Erik Kasabuske