

2008 Southern California Regional PL & BP Championships

Velocity Sports Performance - Santa Clarita, CA

Saturday, November 15, 2008

Meet Director: Lance Slaughter

Powerlifting Results	Wt Class (kg)	Age	SQ-1	SQ-2	SQ-3	BP-1	BP-2	BP-3	DL-1	DL-2	DL-3	PL Total (kg)	Place	
WOMEN														
Raw Teen														
Heather Keola	90+	17	115	125	142.5	52.5	60	65	115	137.5	145	347.5	1	
Raw Masters														
Karen Flakes	67.5	48	57.5	57.5	65	42.5	47.5	52.5	87.5	100	110	215	1	
Joni Ragsdale	67.5	50	45	47.5	60	35	40	45	65	82.5	87.5	187.5	2	
Cindy Pond	90	50	57.5	67.5	67.5	37.5	42.5	45	80	92.5	97.5	202.5	3	
Raw Open														
Janelle Mault	75	39	35	55	55	35	42.5	47.5	92.5	110	117.5	195	1	
Heather Keola - BL	90+	17	115	125	142.5	52.5	60	65	115	137.5	145	347.5	1	
Open														
Jan Rapoport - BL	67.5	51	45	55	57.5	35	37.5	37.5	55	65	75	167.5	1	
MEN														
Raw Masters														
Daniel Mahon	100	42	215	232.5	247.5	137.5	145	150	227.5	245	260	657.5	1	
Raw Open														
Nicholas O'Brien	82.5	25	165	182.5	200	125	130	137.5	160	180	190	492.5	1	
Mike Wunsch	90	31	137.5	147.5	157.5	82.5	90	95	167.5	182.5	187.5	425	1	
Craig Rasmussen	100	38	165	182.5	197.5	125	132.5	137.5	215	227.5	232.5	562.5	1	
Andrew Leshin	110	21	165	185	195	125	137.5	137.5	215	227.5	245	517.5	1	
John Planas - BL	125	34	277.5	290	290	210	210	215	292.5	300	310	787.5	1	
Eugene Chung	125	31	205	225	245	182.5	190	200	260	290	305	740	2	
Masters														
Wayne Jandoc	110	51	265	272.5	272.5	185	195	197.5	250	257.5	260	730	1	
Lothar Vallot	90	56	107.5	117.5	122.5	95	100	105	125	140	147.5	355	2	
Open														
Geraldo Molina	60	28	107.5	122.5	137.5	97.5	102.5	107.5	165	177.5	182.5	412.5	1	
Scott Layman - BL	67.5	38	255	265	265	165	170	175	225	237.5	237.5	660	1	
Shawn Buckley	90	26	245	262.5	267.5	180	180	197.5	265	282.5	290	715	1	
Wayne Jandoc	110	51	265	272.5	272.5	185	195	197.5	250	257.5	260	730	1	
Barrett Marum	110	30	280	295	295	215	215	215	0			0		
David Scholz	125	24	290	305	310	185	192.5	200	262.5	287.5	300	790	1	
Adam Johnson	125	29	287.5	300	300	192.5	197.5	205	250	272.5	295	0		
* BL = Best Lifter														
Bench Press Results	Wt Class (kg)	Age	BP-1	BP-2	BP-3	Wilks Pts	Age-Wilks	Place						
Raw Masters														
Denny Faler	125+	68	125	132.5	137.5	74.770	117.987	1						
Masters														
Jim Chaaban	110	40	220	230	235	136.091	136.091	1						
Denny Faler	125+	68	125	132.5	137.5	74.770	117.987	2						
Open														
Jim Chaaban - BL	110	40	220	230	235	136.091	136.091	1						

* BL = Best Lifter