

USA Powerlifting California State Powerlifting, Benchpress and Deadlift Championships
March 17, 2007

NAME	DIVISION	WT Class	Bdy Wght	Age	Squat kgs	Bench kgs	Deadlift kgs	Total	Score	Squat lbs	Bench lbs	Deadlift lbs	Total lb
USAPL California State Powerlifting Championship													
198+ Open Women													
Chelsi Mundy- AZ lifter	Teen 3 Women	148	148.75	18	100.00	52.50	102.50	255.00	275.954	220.46	115.74	225.97	562.17
Master Women 40-44													
Barbara Behm (Bovlanna)	Master 1 Women	181	177.00	43	112.50	92.50	137.50	342.50	322.466	248.02	203.93	303.13	755.08
Teen Men 16-17													
Jake Orlando	Teen 2 Men	220	202.00	17	180.00	140.00	185.00	505.00	345.081	396.83	308.64	407.85	1113.32
Teen Men 18-19													
Travis Morton	Teen 3 Men	148	143.00	18	110.00	75.00	117.50	302.50	255.427	242.51	165.35	259.04	666.89
Junior Men 20-23													
Andrew Shouse - BL	Junior Men	148	141.75	20	197.50	137.50	205.00	540.00	446.355	435.41	303.13	451.94	1190.48
148 Open Men													
Scott Layman -BL	Open Men	148	148.25	36	260.00	177.50	235.00	672.50	520.080	573.20	391.32	518.08	1482.59
Geoff Krampitz	Open Men	148	146.00	30	207.50	125.00	225.00	557.50	436.526	457.45	275.58	496.04	1229.06
181 Open Men													
Keith Schiessl	Open Men	181	179.00	47	247.50	147.50	227.50	622.50	421.077	545.64	325.18	501.55	1372.36
198 Open Men													
Ed Koo	Open Men	198	198.00	29	255.00	192.50	295.00	742.50	474.512	562.17	424.39	650.36	1636.92
220 Open Men													
Jeremy Blanchard	Open Men	220	212.75	32	175.00	155.00	210.00	540.00	333.562	385.81	341.71	462.97	1190.48
Marcus Wild	Open Men	220	214.75	30									
242 Open Men													
Parish Harmon	Open Men	242	233.00	30	212.50	162.50	220.00	595.00	354.738	468.48	358.25	485.01	1311.74
Wayne Jandoc	Open Men	242	233.00	49	277.50	190.00	260.00	727.50	433.734	611.78	418.87	573.20	1603.85
275 Open Men													
Mel Goodwin	Open Men	275	268.00	45	255.00	227.50	242.50	725.00	415.593	562.17	501.55	534.62	1598.34
275+ Open Men													
Bruce Lee	Open Men	275+	296.00	48	295.00	215.00	250.00	760.00	427.478	650.36	473.99	551.15	1675.50
Master Men 45-49													
Keith Schiessl	Master 2 Men	181	179.00	47	247.50	147.50	227.50	622.50	455.605	545.64	325.18	501.55	1372.36
Scott Helmer	Master 2 Men	181	178.00	46	202.50	125.00	202.50	530.00	384.214	446.43	275.58	446.43	1168.44
John LaGrill	Master 2 Men	198	198.00	49	235.00	137.50	250.00	622.50	442.778	518.08	303.13	551.15	1372.36

USA Powerlifting California State Powerlifting, Benchpress and Deadlift Championships
March 17, 2007

Keith Kanemoto - BL	Master 2 Men	198	196.75	48	275.00	210.00	240.00	725.00	509.929	606.27	462.97	529.10	1598.34
Wayne Jandoc	Master 2 Men	242	233.00	49	277.50	190.00	260.00	727.50	482.746	611.78	418.87	573.20	1603.85
Mel Goodwin	Master 2 Men	275	268.00	45	255.00	227.50	242.50	725.00	438.451	562.17	501.55	534.62	1598.34
Bruce Lee	Master 2 Men	275+	296.00	48	295.00	215.00	250.00	760.00	468.944	650.36	473.99	551.15	1675.50
Master Men 60-64													
Ron Pagal	Master 5	220	217.00	60	165.00	140.00	187.50	492.50	404.237	363.76	308.64	413.36	1085.77
NAME	DIVISION	WT Class	Bdy Wght	Age	SQ1	BP1	DL1	Total	Score	SQ1 lb	BP1 lb	DL1 lb	Total lb
USAPL California State Benchpress Championship													
Teen Men 16-17													
Alex Vartabedian	Teen 2 Men	242	239.75	17		110.00		110.00	70.163		242.51		242.51
Teen Men 18-19													
Travis Bloomer	Teen 3 Men	148	143.50	18		120.00		120.00	101.031		264.55		264.55
Martin Beeler - BL	Teen 3 Men	198	198.00	19		167.50		167.50	111.327		369.27		369.27
Junior Men 20-23													
Adam Contreras	Junior Men	220	216.00	20		152.50		152.50	96.399		336.20		336.20
220 Open Men													
Shawn Buckley	Open Men	220	212.00	24		192.50		192.50	119.093		424.39		424.39
275 Open Men													
Mel Goodwin -BL	Open Men	275	268.00	45		227.50		227.50	130.410		501.55		501.55
275+ Open Men													
Leo Contreras	Open Men	275+	335.00	53		195.00		195.00	107.696		429.90		429.90
Master Men 40-44													
Scott Bloomer	Master 1	148	145.75	43		117.50		117.50	94.989		259.04		259.04
Master Men 45-49													
Keith Schiessl	Master 2	181	179.00	47		147.50		147.50	107.955		325.18		325.18
Keith Kanemoto	Master 2 Men	198	196.75	48		210.00		210.00	147.703		462.97		462.97
Wayne Jandoc	Master 2 Men	242	233.00	49		190.00		190.00	126.078		418.87		418.87
Mel Goodwin	Master 2 Men	275	268.00	45		227.50		227.50	137.583		501.55		501.55

USA Powerlifting California State Powerlifting, Benchpress and Deadlift Championships
March 17, 2007

Master Men 50-54													
Leo Contreras	Master 3	275+	335.00	53		195.00		195.00	127.512		429.90		429.90
Frank Beeler - BL	Master 3	275+	331.00	53		255.00		255.00	167.029		562.17		562.17
Master Men 55-59													
Steven Green	Master 4	275+	305.00	56									
Master Men 60-64													
Ron Pagal	Master 5	220	217.00	60		140.00		140.00	114.910		308.64		308.64
USAPL California State Deadlift Championship													
Teen Men 16-17													
Alex Vartabedian	Teen 2 Men	242	239.75	17				180.00	180.00	114.811		396.83	396.83
Junior Men 20-23													
Adam Contreras	Junior Men	220	216.00	20				150.00	150.00	94.818		330.69	330.69
181 Open Men													
Keith Schiessl	Open	181	179.00	47				227.50	227.50	166.506		501.55	501.55
198 Open Men													
Ed Koo - BL	Open	198	198.00	29				295.00	295.00	188.527		650.36	650.36
220 Open Men													
Shawn Buckley	Open Men	220	212.00	24				235.00	235.00	145.386		518.08	518.08
275+ Open Men													
Leo Contreras	Open Men	275+	335.00	53				155.00	155.00	85.604		341.71	341.71
Master Men 45-49													
Keith Schiessl	Master 2	181	179.00	47				227.50	227.50	166.506		501.55	501.55
Mel Goodwin	Master 2	275	268.00	45				242.50	242.50	146.654		534.62	534.62
Master Men 50-54													
Leo Contreras	Master 3	275+	335.00	53				155.00	155.00	101.356		341.71	341.71
Master Men 60-64													
Howard Myers - BL	Master 5	220	214.75	61				237.50	237.50	199.593		523.59	523.59

AR=American record, SR=State record, BL=Best lifter

Meet Director: Jason Burnell, Steve Denison

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March 17, 2007

Referees:
Steve Denison-National
Joe Randazzo, National
Lance Slaughter, National
Bill Ennis, International
Mike Koufos, State
State Powerlifting Records set:
Bovlanna Behm, Scott Layman, Keith Schiessl, Keith Kanemoto, Wayne Jandoc, Mel Goodwin
State Single Lift Bench Records set:
Alex Vartabedian, Martin Beeler, Keith Kanemoto, Mel Goodwin, Ron Pagal
State Single lift Deadlift Records set:
Howard Myers