

**USA POWERLIFTING CALIFORNIA STATE RECORDS  
WOMEN OPEN RAW DEADLIFT (SINGLE-LIFT)**

<b>WT. CLASS</b>	<b>RECORD HOLDER</b>	<b>LBS</b>	<b>KGS</b>	<b>DATE SET</b>
105LBS/48KG	DAWN GONZALES	242.5	110	11/19/2011
114LBS/52KG+	MARISA INDA	341.5	155	11/19/2011
123LBS/56KG	BECKY RICH	330.5	150	03/05/2010
132LBS/60KG	BECKY RICH	319.5	145	07/24/2009
148LBS/67.5KG	JULIE DISS	347	157.5	07/10/2010
165LBS/75KG	SHERYL CONDON	380.25	172.5	11/19/2011
181LBS/82.5KG	TRACEE PATTERSON	380.25	172.5	07/10/2010
198LBS/90KG	TRACEE PATTERSON	358	162.5	11/07/2009
198LBS+/90KG+	HEATHER KEOLA	319.5	145	11/15/2008

**USA POWERLIFTING CALIFORNIA STATE RECORDS  
WOMEN TEEN (14 – 15) RAW DEADLIFT (SINGLE-LIFT)**

<b>WT. CLASS</b>	<b>RECORD HOLDER</b>	<b>LBS</b>	<b>KGS</b>	<b>DATE SET</b>
97LBS/44KG	AVAILABLE	000	000	00/00/2007
105LBS/48KG	AVAILABLE	000	000	00/00/2007
114LBS/52KG+	AVAILABLE	000	000	00/00/2007
123LBS/56KG	AVAILABLE	000	000	00/00/2007
132LBS/60KG	AVAILABLE	000	000	00/00/2007
148LBS/67.5KG	AVAILABLE	000	000	00/00/2007
165LBS/75KG	AVAILABLE	000	000	00/00/2007
181LBS/82.5KG	AVAILABLE	000	000	00/00/2007
198LBS/90KG	AVAILABLE	000	000	00/00/2007
198LBS+/90KG+	AVAILABLE	000	000	00/00/2007

**USA POWERLIFTING CALIFORNIA STATE RECORDS  
WOMEN TEEN (16 – 17) RAW DEADLIFT (SINGLE-LIFT)**

<b>WT. CLASS</b>	<b>RECORD HOLDER</b>	<b>LBS</b>	<b>KGS</b>	<b>DATE SET</b>
97LBS/44KG	AVAILABLE	000	000	00/00/2007
105LBS/48KG	AVAILABLE	000	000	00/00/2007
114LBS/52KG+	MADELINE ANDREWS	170.75	77.5	11/19/2011
123LBS/56KG	AVAILABLE	000	000	00/00/2007
132LBS/60KG	AVAILABLE	000	000	00/00/2007
148LBS/67.5KG	ALYSSA ROSS	303	137.5	08/05/2011
165LBS/75KG	ALYSSA ROSS	281	127.5	04/23/2011
181LBS/82.5KG	AVAILABLE	000	000	00/00/2007
198LBS/90KG	AVAILABLE	000	000	00/00/2007
198LBS+/90KG+	HEATHER KEOLA	766	347.5	11/15/2008

**USA POWERLIFTING CALIFORNIA STATE RECORDS  
WOMEN TEEN (18 – 19) RAW DEADLIFT (SINGLE-LIFT)**

<b>WT. CLASS</b>	<b>RECORD HOLDER</b>	<b>LBS</b>	<b>KGS</b>	<b>DATE SET</b>
97LBS/44KG	AVAILABLE	000	000	00/00/2007
105LBS/48KG	AVAILABLE	000	000	00/00/2007
114LBS/52KG+	THI TRUONG	187.25	85	07/18/2009
123LBS/56KG	AVAILABLE	000	000	00/00/2007
132LBS/60KG	AVAILABLE	000	000	00/00/2007
148LBS/67.5KG	AVAILABLE	000	000	00/00/2007
165LBS/75KG	CHLOE KIPNIS	286.5	130	07/10/2010
181LBS/82.5KG	AVAILABLE	000	000	00/00/2007
198LBS/90KG	AVAILABLE	000	000	00/00/2007
198LBS+/90KG+	AVAILABLE	000	000	00/00/2007

**USA POWERLIFTING CALIFORNIA STATE RECORDS  
WOMEN JUNIOR (20 – 23) RAW DEADLIFT (SINGLE-LIFT)**

<b>WT. CLASS</b>	<b>RECORD HOLDER</b>	<b>LBS</b>	<b>KGS</b>	<b>DATE SET</b>
97LBS/44KG	AVAILABLE	000	000	00/00/2007
105LBS/48KG	AVAILABLE	000	000	00/00/2007
114LBS/52KG+	AVAILABLE	000	000	00/00/2007
123LBS/56KG	AVAILABLE	000	000	00/00/2007
132LBS/60KG	AVAILABLE	000	000	00/00/2007
148LBS/67.5KG	AVAILABLE	000	000	00/00/2007
165LBS/75KG	RAQUEL FALLMAN	242.5	110	11/19/2011
181LBS/82.5KG	AVAILABLE	000	000	00/00/2007
198LBS/90KG	AVAILABLE	000	000	00/00/2007
198LBS+/90KG+	AVAILABLE	000	000	00/00/2007

**USA POWERLIFTING CALIFORNIA STATE RECORDS  
WOMEN MASTER (40-44) RAW DEADLIFT (SINGLE-LIFT)**

<b>WT. CLASS</b>	<b>RECORD HOLDER</b>	<b>LBS</b>	<b>KGS</b>	<b>DATE SET</b>
105LBS/48KG	AVAILABLE	000	000	00/00/2007
114LBS/52KG+	AVAILABLE	000	000	00/00/2007
123LBS/56KG	AVAILABLE	000	000	00/00/2007
132LBS/60KG	AVAILABLE	000	000	00/00/2007
148LBS/67.5KG	AVAILABLE	000	000	00/00/2007
165LBS/75KG	JANELLE MAULT	319.5	145	11/19/2011
181LBS/82.5KG	AVAILABLE	000	000	00/00/2007
198LBS/90KG	CHERYL CRAWFORD	297.5	135	02/06/2010
198LBS+/90KG+	AVAILABLE	000	000	00/00/2007

**USA POWERLIFTING CALIFORNIA STATE RECORDS  
WOMEN MASTER (45-49) RAW DEADLIFT (SINGLE-LIFT)**

<b>WT. CLASS</b>	<b>RECORD HOLDER</b>	<b>LBS</b>	<b>KGS</b>	<b>DATE SET</b>
105LBS/48KG	AVAILABLE	000	000	00/00/2007
114LBS/52KG+	MARTHA THOMPSON	253.5	115	03/05/2010
123LBS/56KG	AVAILABLE	000	000	00/00/2007
132LBS/60KG	AVAILABLE	000	000	00/00/2007
148LBS/67.5KG	KAREN FLAKES	242.5	110	11/15/2008
165LBS/75KG	KAREN FLAKES	253.5	115	02/21/2009
181LBS/82.5KG	JEANNINE CASCADDEN	242.5	110	08/05/2011
198LBS/90KG	JEANNINE CASCADDEN	248	112.5	11/19/2011
198LBS+/90KG+	AVAILABLE	000	000	00/00/2007

**USA POWERLIFTING CALIFORNIA STATE RECORDS  
WOMEN MASTER (50-54) RAW DEADLIFT (SINGLE-LIFT)**

<b>WT. CLASS</b>	<b>RECORD HOLDER</b>	<b>LBS</b>	<b>KGS</b>	<b>DATE SET</b>
105LBS/48KG	SUE SLATER	126.75	57.5	11/07/2007
114LBS/52KG+	AVAILABLE	000	000	00/00/2007
123LBS/56KG	PAULA STEPHEN	238	108	08/05/2011
132LBS/60KG	PAMELA LOPES	242.5	110	06/25/2011
148LBS/67.5KG	JONI RAGSDALE	231.25	105	11/07/2009
165LBS/75KG	KAREN PARNOW	231.75	105	02/06/2010
181LBS/82.5KG	SUSAN JAMIESON	275.5	125	06/25/2011
198LBS/90KG	CINDY POND	214.75	97.5	11/15/2008
198LBS+/90KG+	MARY TAWZER	259	117.5	3/1/2008

**USA POWERLIFTING CALIFORNIA STATE RECORDS  
WOMEN MASTER (55-59) RAW DEADLIFT (SINGLE-LIFT)**

<b>WT. CLASS</b>	<b>RECORD HOLDER</b>	<b>LBS</b>	<b>KGS</b>	<b>DATE SET</b>
105LBS/48KG	AVAILABLE	000	000	00/00/2007
114LBS/52KG+	AVAILABLE	000	000	00/00/2007
123LBS/56KG	AVAILABLE	000	000	00/00/2007
132LBS/60KG	VALERIE WALTER	165.25	75	02/06/2010
148LBS/67.5KG	AVAILABLE	000	000	00/00/2007
165LBS/75KG	AVAILABLE	000	000	00/00/2007
181LBS/82.5KG	AVAILABLE	000	000	00/00/2007
198LBS/90KG	AVAILABLE	000	000	00/00/2007
198LBS+/90KG+	AVAILABLE	000	000	00/00/2007

**USA POWERLIFTING CALIFORNIA STATE RECORDS  
WOMEN MASTER (60-64) RAW DEADLIFT (SINGLE-LIFT)**

<b>WT. CLASS</b>	<b>RECORD HOLDER</b>	<b>LBS</b>	<b>KGS</b>	<b>DATE SET</b>
105LBS/48KG	AVAILABLE	000	000	00/00/2007
114LBS/52KG+	PENNEY MAGRANE	198.25	90	02/06/2010
123LBS/56KG	AVAILABLE	000	000	00/00/2007
132LBS/60KG	AVAILABLE	000	000	00/00/2007
148LBS/67.5KG	AVAILABLE	000	000	00/00/2007
165LBS/75KG	AVAILABLE	000	000	00/00/2007
181LBS/82.5KG	AVAILABLE	000	000	00/00/2007
198LBS/90KG	AVAILABLE	000	000	00/00/2007
198LBS+/90KG+	CAROL MORTON	110	50	11/19/2011

**USA POWERLIFTING CALIFORNIA STATE RECORDS  
WOMEN MASTER (65-69) RAW DEADLIFT (SINGLE-LIFT)**

<b>WT. CLASS</b>	<b>RECORD HOLDER</b>	<b>LBS</b>	<b>KGS</b>	<b>DATE SET</b>
105LBS/48KG	AVAILABLE	000	000	00/00/2007
114LBS/52KG+	AVAILABLE	000	000	00/00/2007
123LBS/56KG	AVAILABLE	000	000	00/00/2007
132LBS/60KG	AVAILABLE	000	000	00/00/2007
148LBS/67.5KG	AVAILABLE	000	000	00/00/2007
165LBS/75KG	AVAILABLE	000	000	00/00/2007
181LBS/82.5KG	AVAILABLE	000	000	00/00/2007
198LBS/90KG	AVAILABLE	000	000	00/00/2007
198LBS+/90KG+	AVAILABLE	000	000	00/00/2007

**USA POWERLIFTING CALIFORNIA STATE RECORDS  
WOMEN MASTER (70+) RAW DEADLIFT (SINGLE-LIFT)**

<b>WT. CLASS</b>	<b>RECORD HOLDER</b>	<b>LBS</b>	<b>KGS</b>	<b>DATE SET</b>
105LBS/48KG	AVAILABLE	000	000	00/00/2007
114LBS/52KG+	AVAILABLE	000	000	00/00/2007
123LBS/56KG	AVAILABLE	000	000	00/00/2007
132LBS/60KG	AVAILABLE	000	000	00/00/2007
148LBS/67.5KG	AVAILABLE	000	000	00/00/2007
165LBS/75KG	AVAILABLE	000	000	00/00/2007
181LBS/82.5KG	AVAILABLE	000	000	00/00/2007
198LBS/90KG	AVAILABLE	000	000	00/00/2007
198LBS+/90KG+	AVAILABLE	000	000	00/00/2007