

**USA POWERLIFTING CALIFORNIA STATE RECORDS  
MEN OPEN RAW POWERLIFTING**

<b>123LBS/56KG</b>	<b>RECORD HOLDER</b>	<b>LBS</b>	<b>KGS</b>	<b>DATE SET</b>
SQUAT	AVAILABLE	000	000	00/00/2007
BENCH	AVAILABLE	000	000	00/00/2007
DEADLIFT	AVAILABLE	000	000	00/00/2007
TOTAL	AVAILABLE	000	000	00/00/2007
<b>132LBS/60KG</b>	<b>RECORD HOLDER</b>	<b>LBS</b>	<b>KGS</b>	<b>DATE SET</b>
SQUAT	TREY LONG	303	137.5	02/06/2010
BENCH	TREY LONG	231.25	105	02/21/2009
DEADLIFT	TREY LONG	418.75	190	07/18/2009
TOTAL	TREY LONG	942.25	427.5	07/18/2009
<b>148LBS/67.5KG</b>	<b>RECORD HOLDER</b>	<b>LBS</b>	<b>KGS</b>	<b>DATE SET</b>
SQUAT	SCOTT LAYMAN	473.75	215	07/24/2009
BENCH	SCOTT LAYMAN	330.5	150	07/24/2009
DEADLIFT	SCOTT LAYMAN	485	220	07/24/2009
TOTAL	SCOTT LAYMAN	1289.5	585	07/24/2009
<b>165LBS/75KG</b>	<b>RECORD HOLDER</b>	<b>LBS</b>	<b>KGS</b>	<b>DATE SET</b>
SQUAT	RYAN SPENCER	501.5	227.5	03/04/2008
BENCH	MATTHEW REEP	363.75	165	02/06/2010
DEADLIFT	RYAN SPENCER	600.75	272.5	03/04/2008
TOTAL	RYAN SPENCER	1416.25	642.5	03/04/2008
<b>181LBS/82.5KG</b>	<b>RECORD HOLDER</b>	<b>LBS</b>	<b>KGS</b>	<b>DATE SET</b>
SQUAT	DAVID JURGENS	485	220	03/06/2009
BENCH	LANCE SLAUGHTER	341.5	155	7/26/2008
DEADLIFT	DAVID JURGENS	617.25	280	7/26/2008
TOTAL	DAVID JURGENS	1377.75	625	03/06/2009

**USA POWERLIFTING CALIFORNIA STATE RECORDS  
MEN OPEN RAW POWERLIFTING**

<b>198LBS/90KG</b>	<b>RECORD HOLDER</b>	<b>LBS</b>	<b>KGS</b>	<b>DATE SET</b>
SQUAT	ERIK KASABUSKE	551	250	11/07/2009
BENCH	GREG LEWIS	380.25	172.5	02/06/2010
DEADLIFT	DAVID JURGENS	688.75	312.5	08/20/2011
TOTAL	DAVID JURGENS	1559.75	707.5	08/20/2011
<b>220LBS/100KG</b>	<b>RECORD HOLDER</b>	<b>LBS</b>	<b>KGS</b>	<b>DATE SET</b>
SQUAT	DANIEL GREEN	600.75	272.5	11/07/2009
BENCH	DANIEL GREEN	385.75	175	11/07/2009
DEADLIFT	DANIEL GREEN	683.25	310	11/07/2009
TOTAL	DANIEL GREEN	1669.75	757.5	11/07/2009
<b>242LBS/110KG</b>	<b>RECORD HOLDER</b>	<b>LBS</b>	<b>KGS</b>	<b>DATE SET</b>
SQUAT	CALEB SHIFFLETT	611.75	277.5	08/06/2011
BENCH	JOHN PLANAS	424.25	192.5	11/19/2011
DEADLIFT	JOHN PLANAS	666.75	302.5	11/19/2011
TOTAL	JOHN PLANAS	1703	772.5	11/19/2011
<b>275LBS/125KG</b>	<b>RECORD HOLDER</b>	<b>LBS</b>	<b>KGS</b>	<b>DATE SET</b>
SQUAT	JOHN PLANAS	633.75	287.5	11/06/2010
BENCH	JOHN PLANAS	468.25	212.5	02/21/2009
DEADLIFT	EUGENE CHUNG	694.25	315	02/21/2009
TOTAL	JOHN PLANAS	1774.5	805	02/21/2009
<b>275+LBS/125KG+</b>	<b>RECORD HOLDER</b>	<b>LBS</b>	<b>KGS</b>	<b>DATE SET</b>
SQUAT	ROBERT SPENO	661.25	300	02/21/2009
BENCH	MARIO PACIONE	540	245	02/06/2010
DEADLIFT	ODD HAUGEN	661.25	300	11/07/2007
TOTAL	MARIO PACIONE	1802.25	817.5	07/10/2010

**USA POWERLIFTING CALIFORNIA STATE RECORDS  
MEN TEEN (14 – 15) RAW POWERLIFTING**

<b>114LBS/52KG</b>	<b>RECORD HOLDER</b>	<b>LBS</b>	<b>KGS</b>	<b>DATE SET</b>
SQUAT	AVAILABLE	000	000	00/00/2007
BENCH	AVAILABLE	000	000	00/00/2007
DEADLIFT	AVAILABLE	000	000	00/00/2007
TOTAL	AVAILABLE	000	000	00/00/2007
<b>123LBS/56KG</b>	<b>RECORD HOLDER</b>	<b>LBS</b>	<b>KGS</b>	<b>DATE SET</b>
SQUAT	AVAILABLE	000	000	00/00/2007
BENCH	AVAILABLE	000	000	00/00/2007
DEADLIFT	AVAILABLE	000	000	00/00/2007
TOTAL	AVAILABLE	000	000	00/00/2007
<b>132LBS/60KG</b>	<b>RECORD HOLDER</b>	<b>LBS</b>	<b>KGS</b>	<b>DATE SET</b>
SQUAT	AVAILABLE	000	000	00/00/2007
BENCH	AVAILABLE	000	000	00/00/2007
DEADLIFT	AVAILABLE	000	000	00/00/2007
TOTAL	AVAILABLE	000	000	00/00/2007
<b>148LBS/67.5KG</b>	<b>RECORD HOLDER</b>	<b>LBS</b>	<b>KGS</b>	<b>DATE SET</b>
SQUAT	KYLE MCKAY	214.75	97.5	02/19/2011
BENCH	KYLE MCKAY	143.25	65	02/19/2011
DEADLIFT	ESTEBAN PEINADO	264.5	120	02/21/2009
TOTAL	KYLE MCKAY	622.75	282.5	02/19/2011
<b>165LBS/75KG</b>	<b>RECORD HOLDER</b>	<b>LBS</b>	<b>KGS</b>	<b>DATE SET</b>
SQUAT	RYLAN RICKS	275.5	125	02/06/2010
BENCH	RYLAN RICKS	220.25	100	02/06/2010
DEADLIFT	RYLAN RICKS	385.75	175	02/06/2010
TOTAL	RYLAN RICKS	881.75	400	02/06/2010
<b>181/82.5KG</b>	<b>RECORD HOLDER</b>	<b>LBS</b>	<b>KGS</b>	<b>DATE SET</b>
SQUAT	AVAILABLE	000	000	00/00/2007
BENCH	AVAILABLE	000	000	00/00/2007
DEADLIFT	AVAILABLE	000	000	00/00/2007
TOTAL	AVAILABLE	000	000	00/00/2007

**USA POWERLIFTING CALIFORNIA STATE RECORDS  
MEN TEEN (14 – 15) RAW POWERLIFTING**

<b>198LBS/90KG</b>	<b>RECORD HOLDER</b>	<b>LBS</b>	<b>KGS</b>	<b>DATE SET</b>
SQUAT	JAMES "COLE" DICK	275.5	125	02/19/2011
BENCH	JAMES "COLE" DICK	170.75	77.5	02/19/2011
DEADLIFT	JAMES "COLE" DICK	429.75	195	02/19/2011
TOTAL	JAMES "COLE" DICK	876.25	397.5	02/19/2011
<b>220LBS/100KG</b>	<b>RECORD HOLDER</b>	<b>LBS</b>	<b>KGS</b>	<b>DATE SET</b>
SQUAT	AVAILABLE	000	000	00/00/2007
BENCH	AVAILABLE	000	000	00/00/2007
DEADLIFT	AVAILABLE	000	000	00/00/2007
TOTAL	AVAILABLE	000	000	00/00/2007
<b>242LBS/110KG</b>	<b>RECORD HOLDER</b>	<b>LBS</b>	<b>KGS</b>	<b>DATE SET</b>
SQUAT	AVAILABLE	000	000	00/00/2007
BENCH	AVAILABLE	000	000	00/00/2007
DEADLIFT	AVAILABLE	000	000	00/00/2007
TOTAL	AVAILABLE	000	000	00/00/2007
<b>275LBS/125KG</b>	<b>RECORD HOLDER</b>	<b>LBS</b>	<b>KGS</b>	<b>DATE SET</b>
SQUAT	AVAILABLE	000	000	00/00/2007
BENCH	AVAILABLE	000	000	00/00/2007
DEADLIFT	AVAILABLE	000	000	00/00/2007
TOTAL	AVAILABLE	000	000	00/00/2007
<b>275+LBS/125KG+</b>	<b>RECORD HOLDER</b>	<b>LBS</b>	<b>KGS</b>	<b>DATE SET</b>
SQUAT	AVAILABLE	000	000	00/00/2007
BENCH	AVAILABLE	000	000	00/00/2007
DEADLIFT	AVAILABLE	000	000	00/00/2007
TOTAL	AVAILABLE	000	000	00/00/2007

**USA POWERLIFTING CALIFORNIA STATE RECORDS  
MEN TEEN (16 – 17) RAW POWERLIFTING**

<b>114LBS/52KG</b>	<b>RECORD HOLDER</b>	<b>LBS</b>	<b>KGS</b>	<b>DATE SET</b>
SQUAT	AVAILABLE	000	000	00/00/2007
BENCH	AVAILABLE	000	000	00/00/2007
DEADLIFT	AVAILABLE	000	000	00/00/2007
TOTAL	AVAILABLE	000	000	00/00/2007
<b>123LBS/56KG</b>	<b>RECORD HOLDER</b>	<b>LBS</b>	<b>KGS</b>	<b>DATE SET</b>
SQUAT	AVAILABLE	000	000	00/00/2007
BENCH	AVAILABLE	000	000	00/00/2007
DEADLIFT	AVAILABLE	000	000	00/00/2007
TOTAL	AVAILABLE	000	000	00/00/2007
<b>132LBS/60KG</b>	<b>RECORD HOLDER</b>	<b>LBS</b>	<b>KGS</b>	<b>DATE SET</b>
SQUAT	AVAILABLE	000	000	00/00/2007
BENCH	AVAILABLE	000	000	00/00/2007
DEADLIFT	AVAILABLE	000	000	00/00/2007
TOTAL	AVAILABLE	000	000	00/00/2007
<b>148LBS/67.5KG</b>	<b>RECORD HOLDER</b>	<b>LBS</b>	<b>KGS</b>	<b>DATE SET</b>
SQUAT	KEEGAN MARTIN	330.5	150	08/05/2011
BENCH	TRAVIS HOLLIS	192.75	87.5	11/07/2009
DEADLIFT	KEEGAN MARTIN	363.75	165	08/05/2011
TOTAL	KEEGAN MARTIN	848.75	385	08/05/2011
<b>165LBS/75KG</b>	<b>RECORD HOLDER</b>	<b>LBS</b>	<b>KGS</b>	<b>DATE SET</b>
SQUAT	KEEGAN MARTIN	347	157.5	04/23/2011
BENCH	GRANT MONTGOMERY	209.25	95	11/19/2011
DEADLIFT	KEEGAN MARTIN	402.25	182.5	04/23/2011
TOTAL	KEEGAN MARTIN	909.25	412.5	04/23/2011
<b>181/82.5KG</b>	<b>RECORD HOLDER</b>	<b>LBS</b>	<b>KGS</b>	<b>DATE SET</b>
SQUAT	AVAILABLE	000	000	00/00/2007
BENCH	AVAILABLE	000	000	00/00/2007
DEADLIFT	AVAILABLE	000	000	00/00/2007
TOTAL	AVAILABLE	000	000	00/00/2007

**USA POWERLIFTING CALIFORNIA STATE RECORDS  
MEN TEEN (16 – 17) RAW POWERLIFTING**

<b>198LBS/90KG</b>	<b>RECORD HOLDER</b>	<b>LBS</b>	<b>KGS</b>	<b>DATE SET</b>
SQUAT	AVAILABLE	000	000	00/00/2007
BENCH	AVAILABLE	000	000	00/00/2007
DEADLIFT	AVAILABLE	000	000	00/00/2007
TOTAL	AVAILABLE	000	000	00/00/2007
<b>220LBS/100KG</b>	<b>RECORD HOLDER</b>	<b>LBS</b>	<b>KGS</b>	<b>DATE SET</b>
SQUAT	AVAILABLE	000	000	00/00/2007
BENCH	AVAILABLE	000	000	00/00/2007
DEADLIFT	AVAILABLE	000	000	00/00/2007
TOTAL	AVAILABLE	000	000	00/00/2007
<b>242LBS/110KG</b>	<b>RECORD HOLDER</b>	<b>LBS</b>	<b>KGS</b>	<b>DATE SET</b>
SQUAT	AVAILABLE	000	000	00/00/2007
BENCH	AVAILABLE	000	000	00/00/2007
DEADLIFT	AVAILABLE	000	000	00/00/2007
TOTAL	AVAILABLE	000	000	00/00/2007
<b>275LBS/125KG</b>	<b>RECORD HOLDER</b>	<b>LBS</b>	<b>KGS</b>	<b>DATE SET</b>
SQUAT	TYLER SAGE	518	235	02/19/2011
BENCH	TYLER SAGE	347	157.5	02/19/2011
DEADLIFT	TYLER SAGE	507	230	02/19/2011
TOTAL	TYLER SAGE	1372.25	622.5	02/19/2011
<b>275+LBS/125KG+</b>	<b>RECORD HOLDER</b>	<b>LBS</b>	<b>KGS</b>	<b>DATE SET</b>
SQUAT	AVAILABLE	000	000	00/00/2007
BENCH	AVAILABLE	000	000	00/00/2007
DEADLIFT	AVAILABLE	000	000	00/00/2007
TOTAL	AVAILABLE	000	000	00/00/2007

**USA POWERLIFTING CALIFORNIA STATE RECORDS  
MEN TEEN (18 – 19) RAW POWERLIFTING**

<b>114LBS/52KG</b>	<b>RECORD HOLDER</b>	<b>LBS</b>	<b>KGS</b>	<b>DATE SET</b>
SQUAT	AVAILABLE	000	000	00/00/2007
BENCH	AVAILABLE	000	000	00/00/2007
DEADLIFT	AVAILABLE	000	000	00/00/2007
TOTAL	AVAILABLE	000	000	00/00/2007
<b>123LBS/56KG</b>	<b>RECORD HOLDER</b>	<b>LBS</b>	<b>KGS</b>	<b>DATE SET</b>
SQUAT	AVAILABLE	000	000	00/00/2007
BENCH	AVAILABLE	000	000	00/00/2007
DEADLIFT	AVAILABLE	000	000	00/00/2007
TOTAL	AVAILABLE	000	000	00/00/2007
<b>132LBS/60KG</b>	<b>RECORD HOLDER</b>	<b>LBS</b>	<b>KGS</b>	<b>DATE SET</b>
SQUAT	AVAILABLE	000	000	00/00/2007
BENCH	AVAILABLE	000	000	00/00/2007
DEADLIFT	AVAILABLE	000	000	00/00/2007
TOTAL	AVAILABLE	000	000	00/00/2007
<b>148LBS/67.5KG</b>	<b>RECORD HOLDER</b>	<b>LBS</b>	<b>KGS</b>	<b>DATE SET</b>
SQUAT	LUKE EISENHARDT	286.5	130	02/06/2010
BENCH	LUKE EISENHARDT	209.25	95	02/06/2010
DEADLIFT	LUKE EISENHARDT	352.5	160	02/06/2010
TOTAL	LUKE EISENHARDT	847.75	385	02/06/2010
<b>165LBS/75KG</b>	<b>RECORD HOLDER</b>	<b>LBS</b>	<b>KGS</b>	<b>DATE SET</b>
SQUAT	CONNOR MARTIN	374.75	170	02/19/2011
BENCH	GREG DARNELL	231.25	105	02/06/2010
DEADLIFT	GREG DARNELL	402.25	182.5	11/07/2009
TOTAL	CONNOR MARTIN	947.75	430	02/19/2011
<b>181/82.5KG</b>	<b>RECORD HOLDER</b>	<b>LBS</b>	<b>KGS</b>	<b>DATE SET</b>
SQUAT	BRADLEY CARTER	418.75	190	11/06/2010
BENCH	BRADLEY CARTER	281	127.5	11/06/2010
DEADLIFT	BRADLEY CARTER	440.75	200	11/06/2010
TOTAL	BRADLEY CARTER	1140.75	517.5	11/06/2010

**USA POWERLIFTING CALIFORNIA STATE RECORDS  
MEN TEEN (18 – 19) RAW POWERLIFTING**

<b>198LBS/90KG</b>	<b>RECORD HOLDER</b>	<b>LBS</b>	<b>KGS</b>	<b>DATE SET</b>
SQUAT	IAN GERBER	380.25	172.5	07/10/2010
BENCH	IAN GERBER	297.5	135	07/10/2010
DEADLIFT	IAN GERBER	501.5	227.5	07/10/2010
TOTAL	IAN GERBER	1179.25	535	07/10/2010
<b>220LBS/100KG</b>	<b>RECORD HOLDER</b>	<b>LBS</b>	<b>KGS</b>	<b>DATE SET</b>
SQUAT	AVAILABLE	000	000	00/00/2007
BENCH	AVAILABLE	000	000	00/00/2007
DEADLIFT	AVAILABLE	000	000	00/00/2007
TOTAL	AVAILABLE	000	000	00/00/2007
<b>242LBS/110KG</b>	<b>RECORD HOLDER</b>	<b>LBS</b>	<b>KGS</b>	<b>DATE SET</b>
SQUAT	NICHOLAS LOPORCHIO	501.5	227.5	02/19/2011
BENCH	NICHOLAS LOPORCHIO	314	142.5	02/19/2011
DEADLIFT	NICHOLAS LOPORCHIO	573	260	02/19/2011
TOTAL	NICHOLAS LOPORCHIO	1388.75	630	02/19/2011
<b>275LBS/125KG</b>	<b>RECORD HOLDER</b>	<b>LBS</b>	<b>KGS</b>	<b>DATE SET</b>
SQUAT	AVAILABLE	000	000	00/00/2007
BENCH	AVAILABLE	000	000	00/00/2007
DEADLIFT	AVAILABLE	000	000	00/00/2007
TOTAL	AVAILABLE	000	000	00/00/2007
<b>275+LBS/125KG+</b>	<b>RECORD HOLDER</b>	<b>LBS</b>	<b>KGS</b>	<b>DATE SET</b>
SQUAT	AVAILABLE	000	000	00/00/2007
BENCH	AVAILABLE	000	000	00/00/2007
DEADLIFT	AVAILABLE	000	000	00/00/2007
TOTAL	AVAILABLE	000	000	00/00/2007

**USA POWERLIFTING CALIFORNIA STATE RECORDS  
MEN JUNIOR (20 – 23) RAW POWERLIFTING**

<b>114LBS/52KG</b>	<b>RECORD HOLDER</b>	<b>LBS</b>	<b>KGS</b>	<b>DATE SET</b>
SQUAT	AVAILABLE	000	000	00/00/2007
BENCH	AVAILABLE	000	000	00/00/2007
DEADLIFT	AVAILABLE	000	000	00/00/2007
TOTAL	AVAILABLE	000	000	00/00/2007
<b>123LBS/56KG</b>	<b>RECORD HOLDER</b>	<b>LBS</b>	<b>KGS</b>	<b>DATE SET</b>
SQUAT	AVAILABLE	000	000	00/00/2007
BENCH	AVAILABLE	000	000	00/00/2007
DEADLIFT	AVAILABLE	000	000	00/00/2007
TOTAL	AVAILABLE	000	000	00/00/2007
<b>132LBS/60KG</b>	<b>RECORD HOLDER</b>	<b>LBS</b>	<b>KGS</b>	<b>DATE SET</b>
SQUAT	TREY LONG	303	137.5	02/06/2010
BENCH	TREY LONG	231.25	105	02/21/2009
DEADLIFT	TREY LONG	418.75	190	07/18/2009
TOTAL	TREY LONG	942.25	427.5	07/18/2009
<b>148LBS/67.5KG</b>	<b>RECORD HOLDER</b>	<b>LBS</b>	<b>KGS</b>	<b>DATE SET</b>
SQUAT	LUKE EISENHARDT	374.75	170	02/19/2011
BENCH	KYLE SIMPSON	236.75	107.5	11/19/2011
DEADLIFT	KYLE SIMPSON	473.75	215	11/19/2011
TOTAL	LUKE EISENHARDT	1003	455	02/19/2011
<b>165LBS/75KG</b>	<b>RECORD HOLDER</b>	<b>LBS</b>	<b>KGS</b>	<b>DATE SET</b>
SQUAT	CONNOR MARTIN	363.75	165	08/05/2011
BENCH	BRANDON GORIS	308.5	140	11/19/2011
DEADLIFT	BRANDON GORIS	556.5	252.5	11/19/2011
TOTAL	BRANDON GORIS	1179.25	535	11/19/2011
<b>181/82.5KG</b>	<b>RECORD HOLDER</b>	<b>LBS</b>	<b>KGS</b>	<b>DATE SET</b>
SQUAT	MAX WALTERS	440.75	200	11/06/2010
BENCH	MAX WALTERS	325	147.5	11/06/2010
DEADLIFT	MISAEEL PERAZA	540	245	02/19/2011
TOTAL	MAX WALTERS	1251	567.5	11/06/2010

**USA POWERLIFTING CALIFORNIA STATE RECORDS  
JUNIOR MEN (20 – 23) RAW POWERLIFTING**

<b>198LBS/90KG</b>	<b>RECORD HOLDER</b>	<b>LBS</b>	<b>KGS</b>	<b>DATE SET</b>
SQUAT	BRYCE LEWIS	518	235	02/06/2010
BENCH	GREG LEWIS	380.25	172.5	02/06/2010
DEADLIFT	BRYCE LEWIS	628.25	285	02/06/2010
TOTAL	BRYCE LEWIS	1460.5	662.5	02/06/2010
<b>220LBS/100KG</b>	<b>RECORD HOLDER</b>	<b>LBS</b>	<b>KGS</b>	<b>DATE SET</b>
SQUAT	TRENT COOPER	396	180	11/19/2011
BENCH	CONNOR BARICKMAN	270	122.5	11/07/2009
DEADLIFT	TRENT COOPER	435.25	197.5	11/19/2011
TOTAL	TRENT COOPER	1091.25	495	11/19/2011
<b>242LBS/110KG</b>	<b>RECORD HOLDER</b>	<b>LBS</b>	<b>KGS</b>	<b>DATE SET</b>
SQUAT	CALEB SHIFFLETT	611.75	277.5	08/06/2011
BENCH	CALEB SHIFFLETT	407.75	185	08/06/2011
DEADLIFT	CALEB SHIFFLETT	611.75	277.5	08/06/2011
TOTAL	CALEB SHIFFLETT	1631.25	740	08/06/2011
<b>275LBS/125KG</b>	<b>RECORD HOLDER</b>	<b>LBS</b>	<b>KGS</b>	<b>DATE SET</b>
SQUAT	TERENCE DAVY	501.25	227.5	07/10/2010
BENCH	TERENCE DAVY	325	147.5	07/10/2010
DEADLIFT	TERENCE DAVY	600.75	272.5	07/10/2010
TOTAL	TERENCE DAVY	1427.25	647.5	07/10/2010
<b>275+LBS/125KG+</b>	<b>RECORD HOLDER</b>	<b>LBS</b>	<b>KGS</b>	<b>DATE SET</b>
SQUAT	DAVID ZYSKI JR.	551	250	2/21/2009
BENCH	DAVID ZYSKI JR.	374.75	170	2/21/2009
DEADLIFT	DAVID ZYSKI JR.	611.75	277.5	2/21/2009
TOTAL	DAVID ZYSKI JR.	1537.5	697.5	2/21/2009

**USA POWERLIFTING CALIFORNIA STATE RECORDS  
MEN MASTER (40 – 44) RAW POWERLIFTING**

<b>123LBS/56KG</b>	<b>RECORD HOLDER</b>	<b>LBS</b>	<b>KGS</b>	<b>DATE SET</b>
SQUAT	AVAILABLE	000	000	00/00/2007
BENCH	AVAILABLE	000	000	00/00/2007
DEADLIFT	AVAILABLE	000	000	00/00/2007
TOTAL	AVAILABLE	000	000	00/00/2007
<b>132LBS/60KG</b>	<b>RECORD HOLDER</b>	<b>LBS</b>	<b>KGS</b>	<b>DATE SET</b>
SQUAT	AVAILABLE	000	000	00/00/2007
BENCH	AVAILABLE	000	000	00/00/2007
DEADLIFT	AVAILABLE	000	000	00/00/2007
TOTAL	AVAILABLE	000	000	00/00/2007
<b>148LBS/67.5KG</b>	<b>RECORD HOLDER</b>	<b>LBS</b>	<b>KGS</b>	<b>DATE SET</b>
SQUAT	SCOTT LAYMAN	419.75	190.5	11/19/2011
BENCH	SCOTT LAYMAN	319.5	145	11/19/2011
DEADLIFT	SCOTT LAYMAN	462.75	210	11/19/2011
TOTAL	SCOTT LAYMAN	1202.5	545.5	11/19/2011
<b>165LBS/75KG</b>	<b>RECORD HOLDER</b>	<b>LBS</b>	<b>KGS</b>	<b>DATE SET</b>
SQUAT	JOSEPH SHIM	363.75	165	06/25/2011
BENCH	CHAD LANDERS	231.25	105	08/05/2011
DEADLIFT	JOSEPH SHIM	418.75	190	06/25/2011
TOTAL	JOSEPH SHIM	1003	455	06/25/2011
<b>181/82.5KG</b>	<b>RECORD HOLDER</b>	<b>LBS</b>	<b>KGS</b>	<b>DATE SET</b>
SQUAT	JOSEPH SHIM	402.25	182.5	08/05/2011
BENCH	SHAWN TRELL	275.5	125	02/19/2011
DEADLIFT	GARY DAMM	457.25	207.5	11/19/2011
TOTAL	JOSEPH SHIM	1102.25	500	08/05/2011

**USA POWERLIFTING CALIFORNIA STATE RECORDS  
MEN MASTER (40 – 44) RAW POWERLIFTING**

<b>198LBS/90KG</b>	<b>RECORD HOLDER</b>	<b>LBS</b>	<b>KGS</b>	<b>DATE SET</b>
SQUAT	JASON COUSE	418.75	190	08/06/2011
BENCH	ALLEN FUNTANILLA	330.5	150	08/06/2011
DEADLIFT	BRETT MONTGOMERY	529	240	11/19/2011
TOTAL	BRETT MONTGOMERY	1196	542.5	11/19/2011
<b>220LBS/100KG</b>	<b>RECORD HOLDER</b>	<b>LBS</b>	<b>KGS</b>	<b>DATE SET</b>
SQUAT	DAN MAHAN	545.5	247.5	11/15/2008
BENCH	ALLEN FUNTANILLA	363.75	165	02/19/2011
DEADLIFT	DAN MAHAN	578.5	262.5	11/07/2007
TOTAL	DAN MAHAN	1449.5	657.5	11/15/2008
<b>242LBS/110KG</b>	<b>RECORD HOLDER</b>	<b>LBS</b>	<b>KGS</b>	<b>DATE SET</b>
SQUAT	JIM CHAABAN	462.75	210	02/21/2009
BENCH	JIM CHAABAN	380.25	172.5	02/21/2009
DEADLIFT	JIM CHAABAN	501.5	227.5	02/21/2009
TOTAL	JIM CHAABAN	1344.75	610	02/21/2009
<b>275LBS/125KG</b>	<b>RECORD HOLDER</b>	<b>LBS</b>	<b>KGS</b>	<b>DATE SET</b>
SQUAT	JAMES TOLAND III	529	240	02/06/2010
BENCH	JAMES TOLAND III	457.25	207.5	02/06/2010
DEADLIFT	JAMES TOLAND III	628.25	285	02/06/2010
TOTAL	JAMES TOLAND III	1614.75	732.5	02/06/2010
<b>275+LBS/125KG+</b>	<b>RECORD HOLDER</b>	<b>LBS</b>	<b>KGS</b>	<b>DATE SET</b>
SQUAT	ROBERT SPENO	661.25	300	02/21/2009
BENCH	ROBERT SPENO	457.25	207.5	02/21/2009
DEADLIFT	ROBERT SPENO	628.25	285	02/21/2009
TOTAL	ROBERT SPENO	1747	792.5	02/21/2009

**USA POWERLIFTING CALIFORNIA STATE RECORDS  
MEN MASTER (45 – 49) RAW POWERLIFTING**

<b>123LBS/56KG</b>	<b>RECORD HOLDER</b>	<b>LBS</b>	<b>KGS</b>	<b>DATE SET</b>
SQUAT	AVAILABLE	000	000	00/00/2007
BENCH	AVAILABLE	000	000	00/00/2007
DEADLIFT	AVAILABLE	000	000	00/00/2007
TOTAL	AVAILABLE	000	000	00/00/2007
<b>132LBS/60KG</b>	<b>RECORD HOLDER</b>	<b>LBS</b>	<b>KGS</b>	<b>DATE SET</b>
SQUAT	AVAILABLE	000	000	00/00/2007
BENCH	AVAILABLE	000	000	00/00/2007
DEADLIFT	AVAILABLE	000	000	00/00/2007
TOTAL	AVAILABLE	000	000	00/00/2007
<b>148LBS/67.5KG</b>	<b>RECORD HOLDER</b>	<b>LBS</b>	<b>KGS</b>	<b>DATE SET</b>
SQUAT	AVAILABLE	000	000	00/00/2007
BENCH	AVAILABLE	000	000	00/00/2007
DEADLIFT	AVAILABLE	000	000	00/00/2007
TOTAL	AVAILABLE	000	000	00/00/2007
<b>165LBS/75KG</b>	<b>RECORD HOLDER</b>	<b>LBS</b>	<b>KGS</b>	<b>DATE SET</b>
SQUAT	DAN EDELMAN	303	137.5	02/19/2011
BENCH	DAN EDELMAN	225.75	102.5	02/19/2011
DEADLIFT	DAN EDELMAN	424.25	192.5	02/19/2011
TOTAL	DAN EDELMAN	953.25	432.5	02/19/2011
<b>181/82.5KG</b>	<b>RECORD HOLDER</b>	<b>LBS</b>	<b>KGS</b>	<b>DATE SET</b>
SQUAT	LANCE SLAUGHTER	363.75	165	7/26/2008
BENCH	LANCE SLAUGHTER	341.5	155	7/26/2008
DEADLIFT	LANCE SLAUGHTER	407.75	185	7/26/2008
TOTAL	LANCE SLAUGHTER	1113.25	505	7/26/2008

**USA POWERLIFTING CALIFORNIA STATE RECORDS  
MEN MASTER (45 – 49) RAW POWERLIFTING**

<b>198LBS/90KG</b>	<b>RECORD HOLDER</b>	<b>LBS</b>	<b>KGS</b>	<b>DATE SET</b>
SQUAT	MICHAEL BROWN	330.5	150	02/21/2009
BENCH	MICHAEL BROWN	270	122.5	11/07/2009
DEADLIFT	MICHAEL BROWN	418.75	190	11/07/2009
TOTAL	MICHAEL BROWN	1008.5	457.5	11/07/2009
<b>220LBS/100KG</b>	<b>RECORD HOLDER</b>	<b>LBS</b>	<b>KGS</b>	<b>DATE SET</b>
SQUAT	STEPHEN HEYL	358.	162.5	7/26/2008
BENCH	STEPHEN HEYL	297.5	135	7/26/2008
DEADLIFT	STEPHEN HEYL	451.75	205	7/26/2008
TOTAL	STEPHEN HEYL	1107.75	502.5	7/26/2008
<b>242LBS/110KG</b>	<b>RECORD HOLDER</b>	<b>LBS</b>	<b>KGS</b>	<b>DATE SET</b>
SQUAT	JERRY TREMBLAY, JR	485	220	02/06/2010
BENCH	JOHN JOHNSON	347	157.5	02/06/2010
DEADLIFT	JERRY TREMBLAY, JR	523.5	237.5	02/06/2010
TOTAL	JERRY TREMBLAY, JR	1339.25	607.5	02/06/2010
<b>275LBS/125KG</b>	<b>RECORD HOLDER</b>	<b>LBS</b>	<b>KGS</b>	<b>DATE SET</b>
SQUAT	AVAILABLE	000	000	00/00/2007
BENCH	AVAILABLE	000	000	00/00/2007
DEADLIFT	AVAILABLE	000	000	00/00/2007
TOTAL	AVAILABLE	000	000	00/00/2007
<b>275+LBS/125KG+</b>	<b>RECORD HOLDER</b>	<b>LBS</b>	<b>KGS</b>	<b>DATE SET</b>
SQUAT	AVAILABLE	000	000	00/00/2007
BENCH	AVAILABLE	000	000	00/00/2007
DEADLIFT	AVAILABLE	000	000	00/00/2007
TOTAL	AVAILABLE	000	000	00/00/2007

**USA POWERLIFTING CALIFORNIA STATE RECORDS  
MEN MASTER (50 – 54) RAW POWERLIFTING**

<b>123LBS/56KG</b>	<b>RECORD HOLDER</b>	<b>LBS</b>	<b>KGS</b>	<b>DATE SET</b>
SQUAT	AVAILABLE	000	000	00/00/2007
BENCH	AVAILABLE	000	000	00/00/2007
DEADLIFT	AVAILABLE	000	000	00/00/2007
TOTAL	AVAILABLE	000	000	00/00/2007
<b>132LBS/60KG</b>	<b>RECORD HOLDER</b>	<b>LBS</b>	<b>KGS</b>	<b>DATE SET</b>
SQUAT	KEVIN MESKEW	259	117.5	02/21/2009
BENCH	KEVIN MESKEW	170.75	77.5	02/21/2009
DEADLIFT	KEVIN MESKEW	358	162.5	02/21/2009
TOTAL	KEVIN MESKEW	788	357.5	02/21/2009
<b>148LBS/67.5KG</b>	<b>RECORD HOLDER</b>	<b>LBS</b>	<b>KGS</b>	<b>DATE SET</b>
SQUAT	AVAILABLE	000	000	00/00/2007
BENCH	AVAILABLE	000	000	00/00/2007
DEADLIFT	AVAILABLE	000	000	00/00/2007
TOTAL	AVAILABLE	000	000	00/00/2007
<b>165LBS/75KG</b>	<b>RECORD HOLDER</b>	<b>LBS</b>	<b>KGS</b>	<b>DATE SET</b>
SQUAT	JEFF MARTIN	253.5	115	02/19/2011
BENCH	JEFF MARTIN	203.75	92.5	02/19/2011
DEADLIFT	JEFF MARTIN	407.75	185	02/19/2011
TOTAL	JEFF MARTIN	865.25	392.5	02/19/2011
<b>181/82.5KG</b>	<b>RECORD HOLDER</b>	<b>LBS</b>	<b>KGS</b>	<b>DATE SET</b>
SQUAT	JOHN SCHIESSL	418.75	190	02/19/2011
BENCH	JOHN SCHIESSL	264.5	120	07/10/2010
DEADLIFT	JOHN SCHIESSL	473.75	215	02/19/2011
TOTAL	JOHN SCHIESSL	1135.25	515	02/19/2011

**USA POWERLIFTING CALIFORNIA STATE RECORDS  
MEN MASTER (50 – 54) RAW POWERLIFTING**

<b>198LBS/90KG</b>	<b>RECORD HOLDER</b>	<b>LBS</b>	<b>KGS</b>	<b>DATE SET</b>
SQUAT	STEPHEN HEYL	341.5	155	07/10/2010
BENCH	DAVID ANDREWS	220.25	100	08/06/2011
DEADLIFT	STEPHEN HEYL	429.75	195	07/10/2010
TOTAL	STEPHEN HEYL	975.5	442.5	07/10/2010
<b>220LBS/100KG</b>	<b>RECORD HOLDER</b>	<b>LBS</b>	<b>KGS</b>	<b>DATE SET</b>
SQUAT	KEVIN JORDAN	424.25	192.25	11/07/2009
BENCH	BRAD HEGEL	341.5	155	11/06/2010
DEADLIFT	BRAD HEGEL	501.50	227.5	11/06/2010
TOTAL	BRAD HEGEL	1201.5	545	11/06/2010
<b>242LBS/110KG</b>	<b>RECORD HOLDER</b>	<b>LBS</b>	<b>KGS</b>	<b>DATE SET</b>
SQUAT	WAYNE JANDOC	512.5	232.5	02/06/2010
BENCH	WAYNE JANDOC	369.25	167.5	02/21/2009
DEADLIFT	WAYNE JANDOC	556.5	252.5	02/21/2009
TOTAL	WAYNE JANDOC	1432.75	650	02/21/2009
<b>275LBS/125KG</b>	<b>RECORD HOLDER</b>	<b>LBS</b>	<b>KGS</b>	<b>DATE SET</b>
SQUAT	AVAILABLE	000	000	00/00/2007
BENCH	AVAILABLE	000	000	00/00/2007
DEADLIFT	AVAILABLE	000	000	00/00/2007
TOTAL	AVAILABLE	000	000	00/00/2007
<b>275+LBS/125KG+</b>	<b>RECORD HOLDER</b>	<b>LBS</b>	<b>KGS</b>	<b>DATE SET</b>
SQUAT	AVAILABLE	000	000	00/00/2007
BENCH	AVAILABLE	000	000	00/00/2007
DEADLIFT	AVAILABLE	000	000	00/00/2007
TOTAL	AVAILABLE	000	000	00/00/2007

**USA POWERLIFTING CALIFORNIA STATE RECORDS  
MEN MASTER (55 – 59) RAW POWERLIFTING**

<b>123LBS/56KG</b>	<b>RECORD HOLDER</b>	<b>LBS</b>	<b>KGS</b>	<b>DATE SET</b>
SQUAT	AVAILABLE	000	000	00/00/2007
BENCH	AVAILABLE	000	000	00/00/2007
DEADLIFT	AVAILABLE	000	000	00/00/2007
TOTAL	AVAILABLE	000	000	00/00/2007
<b>132LBS/60KG</b>	<b>RECORD HOLDER</b>	<b>LBS</b>	<b>KGS</b>	<b>DATE SET</b>
SQUAT	HOMIYAN SHIVAIE	264.5	120	02/21/2009
BENCH	HOMIYAN SHIVAIE	165.25	75	02/21/2009
DEADLIFT	HOMIYAN SHIVAIE	352.5	160	02/21/2009
TOTAL	HOMIYAN SHIVAIE	804.5	355	02/21/2009
<b>148LBS/67.5KG</b>	<b>RECORD HOLDER</b>	<b>LBS</b>	<b>KGS</b>	<b>DATE SET</b>
SQUAT	JERRY MOYLAN	308.5	140	02/21/2009
BENCH	JERRY MOYLAN	203.75	92.5	02/21/2009
DEADLIFT	JERRY MOYLAN	385.75	175	07/10/2010
TOTAL	JERRY MOYLAN	865.25	392.5	02/21/2009
<b>165LBS/75KG</b>	<b>RECORD HOLDER</b>	<b>LBS</b>	<b>KGS</b>	<b>DATE SET</b>
SQUAT	AVAILABLE	000	000	00/00/2007
BENCH	AVAILABLE	000	000	00/00/2007
DEADLIFT	AVAILABLE	000	000	00/00/2007
TOTAL	AVAILABLE	000	000	00/00/2007
<b>181/82.5KG</b>	<b>RECORD HOLDER</b>	<b>LBS</b>	<b>KGS</b>	<b>DATE SET</b>
SQUAT	AVAILABLE	000	000	00/00/2007
BENCH	AVAILABLE	000	000	00/00/2007
DEADLIFT	AVAILABLE	000	000	00/00/2007
TOTAL	AVAILABLE	000	000	00/00/2007

**USA POWERLIFTING CALIFORNIA STATE RECORDS  
MEN MASTER (55 – 59) RAW POWERLIFTING**

<b>198LBS/90KG</b>	<b>RECORD HOLDER</b>	<b>LBS</b>	<b>KGS</b>	<b>DATE SET</b>
SQUAT	AVAILABLE	000	000	00/00/2007
BENCH	AVAILABLE	000	000	00/00/2007
DEADLIFT	AVAILABLE	000	000	00/00/2007
TOTAL	AVAILABLE	000	000	00/00/2007
<b>220LBS/100KG</b>	<b>RECORD HOLDER</b>	<b>LBS</b>	<b>KGS</b>	<b>DATE SET</b>
SQUAT	JOHN THOMAS	198.25	90	07/10/2010
BENCH	JOHN THOMAS	220.25	100	07/10/2010
DEADLIFT	JOHN THOMAS	402.25	182.5	07/10/2010
TOTAL	JOHN THOMAS	821	372.5	07/10/2010
<b>242LBS/110KG</b>	<b>RECORD HOLDER</b>	<b>LBS</b>	<b>KGS</b>	<b>DATE SET</b>
SQUAT	AVAILABLE	000	000	00/00/2007
BENCH	AVAILABLE	000	000	00/00/2007
DEADLIFT	AVAILABLE	000	000	00/00/2007
TOTAL	AVAILABLE	000	000	00/00/2007
<b>275LBS/125KG</b>	<b>RECORD HOLDER</b>	<b>LBS</b>	<b>KGS</b>	<b>DATE SET</b>
SQUAT	AVAILABLE	000	000	00/00/2007
BENCH	AVAILABLE	000	000	00/00/2007
DEADLIFT	AVAILABLE	000	000	00/00/2007
TOTAL	AVAILABLE	000	000	00/00/2007
<b>275+LBS/125KG+</b>	<b>RECORD HOLDER</b>	<b>LBS</b>	<b>KGS</b>	<b>DATE SET</b>
SQUAT	ODD HAUGEN	606.25	275	11/07/2007
BENCH	ODD HAUGEN	385.75	175	11/07/2007
DEADLIFT	ODD HAUGEN	661.25	300	11/07/2007
TOTAL	ODD HAUGEN	1653.25	750	11/07/2007

**USA POWERLIFTING CALIFORNIA STATE RECORDS  
MEN MASTER (60 – 64) RAW POWERLIFTING**

<b>123LBS/56KG</b>	<b>RECORD HOLDER</b>	<b>LBS</b>	<b>KGS</b>	<b>DATE SET</b>
SQUAT	AVAILABLE	000	000	00/00/2007
BENCH	AVAILABLE	000	000	00/00/2007
DEADLIFT	AVAILABLE	000	000	00/00/2007
TOTAL	AVAILABLE	000	000	00/00/2007
<b>132LBS/60KG</b>	<b>RECORD HOLDER</b>	<b>LBS</b>	<b>KGS</b>	<b>DATE SET</b>
SQUAT	AVAILABLE	000	000	00/00/2007
BENCH	AVAILABLE	000	000	00/00/2007
DEADLIFT	AVAILABLE	000	000	00/00/2007
TOTAL	AVAILABLE	000	000	00/00/2007
<b>148LBS/67.5KG</b>	<b>RECORD HOLDER</b>	<b>LBS</b>	<b>KGS</b>	<b>DATE SET</b>
SQUAT	GORDON SANTEE	275	125	11/07/2009
BENCH	GORDON SANTEE	216	98	07/16/2010
DEADLIFT	GORDON SANTEE	442	200.5	07/16/2010
TOTAL	GORDON SANTEE	931.25	422.5	11/07/2009
<b>165LBS/75KG</b>	<b>RECORD HOLDER</b>	<b>LBS</b>	<b>KGS</b>	<b>DATE SET</b>
SQUAT	GORDON SANTEE	288.75	131	02/06/2010
BENCH	GORDON SANTEE	211.5	96	02/06/2010
DEADLIFT	GORDON SANTEE	462.75	210.5	02/06/2010
TOTAL	GORDON SANTEE	964.5	437.5	02/06/2010
<b>181/82.5KG</b>	<b>RECORD HOLDER</b>	<b>LBS</b>	<b>KGS</b>	<b>DATE SET</b>
SQUAT	JOHN KILLIN	336	152.5	02/19/2011
BENCH	JOHN KILLIN	209.25	95	02/19/2011
DEADLIFT	JOHN KILLIN	446.25	202.5	11/07/2009
TOTAL	JOHN KILLIN	981	445	11/07/2009

**USA POWERLIFTING CALIFORNIA STATE RECORDS  
MEN MASTER (60 – 64) RAW POWERLIFTING**

<b>198LBS/90KG</b>	<b>RECORD HOLDER</b>	<b>LBS</b>	<b>KGS</b>	<b>DATE SET</b>
SQUAT	AVAILABLE	000	000	00/00/2007
BENCH	AVAILABLE	000	000	00/00/2007
DEADLIFT	AVAILABLE	000	000	00/00/2007
TOTAL	AVAILABLE	000	000	00/00/2007
<b>220LBS/100KG</b>	<b>RECORD HOLDER</b>	<b>LBS</b>	<b>KGS</b>	<b>DATE SET</b>
SQUAT	AVAILABLE	000	000	00/00/2007
BENCH	AVAILABLE	000	000	00/00/2007
DEADLIFT	AVAILABLE	000	000	00/00/2007
TOTAL	AVAILABLE	000	000	00/00/2007
<b>242LBS/110KG</b>	<b>RECORD HOLDER</b>	<b>LBS</b>	<b>KGS</b>	<b>DATE SET</b>
SQUAT	AVAILABLE	000	000	00/00/2007
BENCH	AVAILABLE	000	000	00/00/2007
DEADLIFT	AVAILABLE	000	000	00/00/2007
TOTAL	AVAILABLE	000	000	00/00/2007
<b>275LBS/125KG</b>	<b>RECORD HOLDER</b>	<b>LBS</b>	<b>KGS</b>	<b>DATE SET</b>
SQUAT	AVAILABLE	000	000	00/00/2007
BENCH	AVAILABLE	000	000	00/00/2007
DEADLIFT	AVAILABLE	000	000	00/00/2007
TOTAL	AVAILABLE	000	000	00/00/2007
<b>275+LBS/125KG+</b>	<b>RECORD HOLDER</b>	<b>LBS</b>	<b>KGS</b>	<b>DATE SET</b>
SQUAT	AVAILABLE	000	000	00/00/2007
BENCH	AVAILABLE	000	000	00/00/2007
DEADLIFT	AVAILABLE	000	000	00/00/2007
TOTAL	AVAILABLE	000	000	00/00/2007

**USA POWERLIFTING CALIFORNIA STATE RECORDS  
MEN MASTER (65 – 69) RAW POWERLIFTING**

<b>123LBS/56KG</b>	<b>RECORD HOLDER</b>	<b>LBS</b>	<b>KGS</b>	<b>DATE SET</b>
SQUAT	AVAILABLE	000	000	00/00/2007
BENCH	AVAILABLE	000	000	00/00/2007
DEADLIFT	AVAILABLE	000	000	00/00/2007
TOTAL	AVAILABLE	000	000	00/00/2007
<b>132LBS/60KG</b>	<b>RECORD HOLDER</b>	<b>LBS</b>	<b>KGS</b>	<b>DATE SET</b>
SQUAT	AVAILABLE	000	000	00/00/2007
BENCH	AVAILABLE	000	000	00/00/2007
DEADLIFT	AVAILABLE	000	000	00/00/2007
TOTAL	AVAILABLE	000	000	00/00/2007
<b>148LBS/67.5KG</b>	<b>RECORD HOLDER</b>	<b>LBS</b>	<b>KGS</b>	<b>DATE SET</b>
SQUAT	GORDON SANTEE	209.25	95	11/19/2011
BENCH	GORDON SANTEE	199.5	90.5	11/19/2011
DEADLIFT	GORDON SANTEE	402.25	182.5	11/19/2011
TOTAL	GORDON SANTEE	811.25	368	11/19/2011
<b>165LBS/75KG</b>	<b>RECORD HOLDER</b>	<b>LBS</b>	<b>KGS</b>	<b>DATE SET</b>
SQUAT	TOM MILLER	281	127.5	07/10/2010
BENCH	TOM MILLER	159.75	72.5	07/10/2010
DEADLIFT	TOM MILLER	385.75	175	07/10/2010
TOTAL	TOM MILLER	826.5	375	07/10/2010
<b>181/82.5KG</b>	<b>RECORD HOLDER</b>	<b>LBS</b>	<b>KGS</b>	<b>DATE SET</b>
SQUAT	AVAILABLE	000	000	00/00/2007
BENCH	AVAILABLE	000	000	00/00/2007
DEADLIFT	AVAILABLE	000	000	00/00/2007
TOTAL	AVAILABLE	000	000	00/00/2007

**USA POWERLIFTING CALIFORNIA STATE RECORDS  
MEN MASTER (65 – 69) RAW POWERLIFTING**

<b>198LBS/90KG</b>	<b>RECORD HOLDER</b>	<b>LBS</b>	<b>KGS</b>	<b>DATE SET</b>
SQUAT	BOB KINSEY	231.25	105	02/19/2011
BENCH	BOB KINSEY	159.75	72.5	02/19/2011
DEADLIFT	BOB KINSEY	319.5	145	02/19/2011
TOTAL	BOB KINSEY	710.25	322.5	02/19/2011
<b>220LBS/100KG</b>	<b>RECORD HOLDER</b>	<b>LBS</b>	<b>KGS</b>	<b>DATE SET</b>
SQUAT	AVAILABLE	000	000	00/00/2007
BENCH	AVAILABLE	000	000	00/00/2007
DEADLIFT	AVAILABLE	000	000	00/00/2007
TOTAL	AVAILABLE	000	000	00/00/2007
<b>242LBS/110KG</b>	<b>RECORD HOLDER</b>	<b>LBS</b>	<b>KGS</b>	<b>DATE SET</b>
SQUAT	AVAILABLE	000	000	00/00/2007
BENCH	AVAILABLE	000	000	00/00/2007
DEADLIFT	AVAILABLE	000	000	00/00/2007
TOTAL	AVAILABLE	000	000	00/00/2007
<b>275LBS/125KG</b>	<b>RECORD HOLDER</b>	<b>LBS</b>	<b>KGS</b>	<b>DATE SET</b>
SQUAT	AVAILABLE	000	000	00/00/2007
BENCH	AVAILABLE	000	000	00/00/2007
DEADLIFT	AVAILABLE	000	000	00/00/2007
TOTAL	AVAILABLE	000	000	00/00/2007
<b>275+LBS/125KG+</b>	<b>RECORD HOLDER</b>	<b>LBS</b>	<b>KGS</b>	<b>DATE SET</b>
SQUAT	AVAILABLE	000	000	00/00/2007
BENCH	AVAILABLE	000	000	00/00/2007
DEADLIFT	AVAILABLE	000	000	00/00/2007
TOTAL	AVAILABLE	000	000	00/00/2007

**USA POWERLIFTING CALIFORNIA STATE RECORDS  
MEN MASTER (70 – 74) RAW POWERLIFTING**

<b>123LBS/56KG</b>	<b>RECORD HOLDER</b>	<b>LBS</b>	<b>KGS</b>	<b>DATE SET</b>
SQUAT	AVAILABLE	000	000	00/00/2007
BENCH	AVAILABLE	000	000	00/00/2007
DEADLIFT	AVAILABLE	000	000	00/00/2007
TOTAL	AVAILABLE	000	000	00/00/2007
<b>132LBS/60KG</b>	<b>RECORD HOLDER</b>	<b>LBS</b>	<b>KGS</b>	<b>DATE SET</b>
SQUAT	AVAILABLE	000	000	00/00/2007
BENCH	AVAILABLE	000	000	00/00/2007
DEADLIFT	AVAILABLE	000	000	00/00/2007
TOTAL	AVAILABLE	000	000	00/00/2007
<b>148LBS/67.5KG</b>	<b>RECORD HOLDER</b>	<b>LBS</b>	<b>KGS</b>	<b>DATE SET</b>
SQUAT	ROBERT MATTISON	198.25	90	11/07/2009
BENCH	ROBERT MATTISON	225.75	102.5	11/07/2009
DEADLIFT	ROBERT MATTISON	385.75	175	11/07/2009
TOTAL	ROBERT MATTISON	810	367.5	11/07/2009
<b>165LBS/75KG</b>	<b>RECORD HOLDER</b>	<b>LBS</b>	<b>KGS</b>	<b>DATE SET</b>
SQUAT	ROBERT MATTISON	209.25	95	02/21/2009
BENCH	ROBERT MATTISON	231.25	105	02/21/2009
DEADLIFT	ROBERT MATTISON	396.75	180	02/21/2009
TOTAL	ROBERT MATTISON	837.75	380	02/21/2009
<b>181/82.5KG</b>	<b>RECORD HOLDER</b>	<b>LBS</b>	<b>KGS</b>	<b>DATE SET</b>
SQUAT	AVAILABLE	000	000	00/00/2007
BENCH	AVAILABLE	000	000	00/00/2007
DEADLIFT	AVAILABLE	000	000	00/00/2007
TOTAL	AVAILABLE	000	000	00/00/2007

**USA POWERLIFTING CALIFORNIA STATE RECORDS  
MEN MASTER (70 – 74) RAW POWERLIFTING**

<b>198LBS/90KG</b>	<b>RECORD HOLDER</b>	<b>LBS</b>	<b>KGS</b>	<b>DATE SET</b>
SQUAT	BOB STRANGE	396.75	180	07/18/2009
BENCH	BOB STRANGE	253.50	115	08/06/2011
DEADLIFT	BOB STRANGE	485	220	07/18/2009
TOTAL	BOB STRANGE	1124.25	510	07/18/2009
<b>220LBS/100KG</b>	<b>RECORD HOLDER</b>	<b>LBS</b>	<b>KGS</b>	<b>DATE SET</b>
SQUAT	BOB STRANGE	396.75	180	02/06/2010
BENCH	BOB STRANGE	253.5	115	02/06/2010
DEADLIFT	BOB STRANGE	485	220	07/10/2010
TOTAL	BOB STRANGE	1118.75	507.5	07/10/2010
<b>242LBS/110KG</b>	<b>RECORD HOLDER</b>	<b>LBS</b>	<b>KGS</b>	<b>DATE SET</b>
SQUAT	AVAILABLE	000	000	00/00/2007
BENCH	AVAILABLE	000	000	00/00/2007
DEADLIFT	AVAILABLE	000	000	00/00/2007
TOTAL	AVAILABLE	000	000	00/00/2007
<b>275LBS/125KG</b>	<b>RECORD HOLDER</b>	<b>LBS</b>	<b>KGS</b>	<b>DATE SET</b>
SQUAT	AVAILABLE	000	000	00/00/2007
BENCH	AVAILABLE	000	000	00/00/2007
DEADLIFT	AVAILABLE	000	000	00/00/2007
TOTAL	AVAILABLE	000	000	00/00/2007
<b>275+LBS/125KG+</b>	<b>RECORD HOLDER</b>	<b>LBS</b>	<b>KGS</b>	<b>DATE SET</b>
SQUAT	AVAILABLE	000	000	00/00/2007
BENCH	AVAILABLE	000	000	00/00/2007
DEADLIFT	AVAILABLE	000	000	00/00/2007
TOTAL	AVAILABLE	000	000	00/00/2007

**USA POWERLIFTING CALIFORNIA STATE RECORDS  
MEN MASTER (75 – 79) RAW POWERLIFTING**

<b>123LBS/56KG</b>	<b>RECORD HOLDER</b>	<b>LBS</b>	<b>KGS</b>	<b>DATE SET</b>
SQUAT	AVAILABLE	000	000	00/00/2007
BENCH	AVAILABLE	000	000	00/00/2007
DEADLIFT	AVAILABLE	000	000	00/00/2007
TOTAL	AVAILABLE	000	000	00/00/2007
<b>132LBS/60KG</b>	<b>RECORD HOLDER</b>	<b>LBS</b>	<b>KGS</b>	<b>DATE SET</b>
SQUAT	AVAILABLE	000	000	00/00/2007
BENCH	AVAILABLE	000	000	00/00/2007
DEADLIFT	AVAILABLE	000	000	00/00/2007
TOTAL	AVAILABLE	000	000	00/00/2007
<b>148LBS/67.5KG</b>	<b>RECORD HOLDER</b>	<b>LBS</b>	<b>KGS</b>	<b>DATE SET</b>
SQUAT	AVAILABLE	000	000	00/00/2007
BENCH	AVAILABLE	000	000	00/00/2007
DEADLIFT	AVAILABLE	000	000	00/00/2007
TOTAL	AVAILABLE	000	000	00/00/2007
<b>165LBS/75KG</b>	<b>RECORD HOLDER</b>	<b>LBS</b>	<b>KGS</b>	<b>DATE SET</b>
SQUAT	AVAILABLE	000	000	00/00/2007
BENCH	AVAILABLE	000	000	00/00/2007
DEADLIFT	AVAILABLE	000	000	00/00/2007
TOTAL	AVAILABLE	000	000	00/00/2007
<b>181/82.5KG</b>	<b>RECORD HOLDER</b>	<b>LBS</b>	<b>KGS</b>	<b>DATE SET</b>
SQUAT	AVAILABLE	000	000	00/00/2007
BENCH	AVAILABLE	000	000	00/00/2007
DEADLIFT	AVAILABLE	000	000	00/00/2007
TOTAL	AVAILABLE	000	000	00/00/2007

**USA POWERLIFTING CALIFORNIA STATE RECORDS  
MEN MASTER (75 – 79) RAW POWERLIFTING**

<b>198LBS/90KG</b>	<b>RECORD HOLDER</b>	<b>LBS</b>	<b>KGS</b>	<b>DATE SET</b>
SQUAT	AVAILABLE	000	000	00/00/2007
BENCH	AVAILABLE	000	000	00/00/2007
DEADLIFT	AVAILABLE	000	000	00/00/2007
TOTAL	AVAILABLE	000	000	00/00/2007
<b>220LBS/100KG</b>	<b>RECORD HOLDER</b>	<b>LBS</b>	<b>KGS</b>	<b>DATE SET</b>
SQUAT	AVAILABLE	000	000	00/00/2007
BENCH	AVAILABLE	000	000	00/00/2007
DEADLIFT	AVAILABLE	000	000	00/00/2007
TOTAL	AVAILABLE	000	000	00/00/2007
<b>242LBS/110KG</b>	<b>RECORD HOLDER</b>	<b>LBS</b>	<b>KGS</b>	<b>DATE SET</b>
SQUAT	AVAILABLE	000	000	00/00/2007
BENCH	AVAILABLE	000	000	00/00/2007
DEADLIFT	AVAILABLE	000	000	00/00/2007
TOTAL	AVAILABLE	000	000	00/00/2007
<b>275LBS/125KG</b>	<b>RECORD HOLDER</b>	<b>LBS</b>	<b>KGS</b>	<b>DATE SET</b>
SQUAT	AVAILABLE	000	000	00/00/2007
BENCH	AVAILABLE	000	000	00/00/2007
DEADLIFT	AVAILABLE	000	000	00/00/2007
TOTAL	AVAILABLE	000	000	00/00/2007
<b>275+LBS/125KG+</b>	<b>RECORD HOLDER</b>	<b>LBS</b>	<b>KGS</b>	<b>DATE SET</b>
SQUAT	AVAILABLE	000	000	00/00/2007
BENCH	AVAILABLE	000	000	00/00/2007
DEADLIFT	AVAILABLE	000	000	00/00/2007
TOTAL	AVAILABLE	000	000	00/00/2007

**USA POWERLIFTING CALIFORNIA STATE RECORDS  
MEN MASTER 80+ RAW POWERLIFTING**

<b>123LBS/56KG</b>	<b>RECORD HOLDER</b>	<b>LBS</b>	<b>KGS</b>	<b>DATE SET</b>
SQUAT	AVAILABLE	000	000	00/00/2007
BENCH	AVAILABLE	000	000	00/00/2007
DEADLIFT	AVAILABLE	000	000	00/00/2007
TOTAL	AVAILABLE	000	000	00/00/2007
<b>132LBS/60KG</b>	<b>RECORD HOLDER</b>	<b>LBS</b>	<b>KGS</b>	<b>DATE SET</b>
SQUAT	AVAILABLE	000	000	00/00/2007
BENCH	AVAILABLE	000	000	00/00/2007
DEADLIFT	AVAILABLE	000	000	00/00/2007
TOTAL	AVAILABLE	000	000	00/00/2007
<b>148LBS/67.5KG</b>	<b>RECORD HOLDER</b>	<b>LBS</b>	<b>KGS</b>	<b>DATE SET</b>
SQUAT	AVAILABLE	000	000	00/00/2007
BENCH	AVAILABLE	000	000	00/00/2007
DEADLIFT	AVAILABLE	000	000	00/00/2007
TOTAL	AVAILABLE	000	000	00/00/2007
<b>165LBS/75KG</b>	<b>RECORD HOLDER</b>	<b>LBS</b>	<b>KGS</b>	<b>DATE SET</b>
SQUAT	AVAILABLE	000	000	00/00/2007
BENCH	AVAILABLE	000	000	00/00/2007
DEADLIFT	AVAILABLE	000	000	00/00/2007
TOTAL	AVAILABLE	000	000	00/00/2007
<b>181/82.5KG</b>	<b>RECORD HOLDER</b>	<b>LBS</b>	<b>KGS</b>	<b>DATE SET</b>
SQUAT	AVAILABLE	000	000	00/00/2007
BENCH	AVAILABLE	000	000	00/00/2007
DEADLIFT	AVAILABLE	000	000	00/00/2007
TOTAL	AVAILABLE	000	000	00/00/2007

**USA POWERLIFTING CALIFORNIA STATE RECORDS  
MEN MASTER 80+ RAW POWERLIFTING**

<b>198LBS/90KG</b>	<b>RECORD HOLDER</b>	<b>LBS</b>	<b>KGS</b>	<b>DATE SET</b>
SQUAT	AVAILABLE	000	000	00/00/2007
BENCH	AVAILABLE	000	000	00/00/2007
DEADLIFT	AVAILABLE	000	000	00/00/2007
TOTAL	AVAILABLE	000	000	00/00/2007
<b>220LBS/100KG</b>	<b>RECORD HOLDER</b>	<b>LBS</b>	<b>KGS</b>	<b>DATE SET</b>
SQUAT	JAMES WEISS	220.25	100	07/26/2008
BENCH	JAMES WEISS	181.75	82.5	07/26/2008
DEADLIFT	JAMES WEISS	297.5	135	07/26/2008
TOTAL	JAMES WEISS	699.75	317.5	07/26/2008
<b>242LBS/110KG</b>	<b>RECORD HOLDER</b>	<b>LBS</b>	<b>KGS</b>	<b>DATE SET</b>
SQUAT	AVAILABLE	000	000	00/00/2007
BENCH	AVAILABLE	000	000	00/00/2007
DEADLIFT	AVAILABLE	000	000	00/00/2007
TOTAL	AVAILABLE	000	000	00/00/2007
<b>275LBS/125KG</b>	<b>RECORD HOLDER</b>	<b>LBS</b>	<b>KGS</b>	<b>DATE SET</b>
SQUAT	AVAILABLE	000	000	00/00/2007
BENCH	AVAILABLE	000	000	00/00/2007
DEADLIFT	AVAILABLE	000	000	00/00/2007
TOTAL	AVAILABLE	000	000	00/00/2007
<b>275+LBS/125KG+</b>	<b>RECORD HOLDER</b>	<b>LBS</b>	<b>KGS</b>	<b>DATE SET</b>
SQUAT	AVAILABLE	000	000	00/00/2007
BENCH	AVAILABLE	000	000	00/00/2007
DEADLIFT	AVAILABLE	000	000	00/00/2007
TOTAL	AVAILABLE	000	000	00/00/2007