

**USA POWERLIFTING CALIFORNIA STATE RECORDS
MEN OPEN RAW BENCH PRESS (SINGLE-LIFT)**

WT. CLASS	RECORD HOLDER	LBS	KGS	DATE SET
123LBS/56KG	JAY HADDEN	231.25	105	02/06/2010
132LBS/60KG	TREY LONG	231.25	105	02/21/2009
148LBS/67.5KG	SCOTT LAYMAN	330.5	150	07/24/2009
165LBS/75KG	MATTHEW REEP	363.75	165	02/06/2010
181LBS/82.5KG	LANCE SLAUGHTER	341.5	155	07/26/2008
198LBS/90KG	GREG LEWIS	380.25	172.5	02/06/2010
220LBS/100KG	DANIEL GREEN	385.75	175	11/07/2009
242LBS/110KG	ALVIN WALDON	424.25	192.5	11/07/2009
275LBS/125KG	JOHN PLANAS	485	220	08/16/2008
275+LBS/125KG+	MARIO PACIONE	501.5	227.5	07/18/2009

**USA POWERLIFTING CALIFORNIA STATE RECORDS
MEN TEEN (14 – 15) RAW BENCH PRESS (SINGLE-LIFT)**

WT. CLASS	RECORD HOLDER	LBS	KGS	DATE SET
114LBS/52KG	AVAILABLE	000	000	00/00/2007
123LBS/56KG	AVAILABLE	000	000	00/00/2007
132LBS/60KG	AVAILABLE	000	000	00/00/2007
148LBS/67.5KG	ESTEBAN PEINADO	126.75	57.5	02/21/2009
165LBS/75KG	RYLAN RICKS	220.25	100	02/06/2010
181LBS/82.5KG	AVAILABLE	000	000	00/00/2007
198LBS/90KG	AVAILABLE	000	000	00/00/2007
220LBS/100KG	AVAILABLE	000	000	00/00/2007
242LBS/110KG	AVAILABLE	000	000	00/00/2007
275LBS/125KG	AVAILABLE	000	000	00/00/2007
275+LBS/125KG+	LESTER DEDRICK	281	127.5	02/21/2009

**USA POWERLIFTING CALIFORNIA STATE RECORDS
MEN TEEN (16 – 17) RAW BENCH PRESS (SINGLE-LIFT)**

WT. CLASS	RECORD HOLDER	LBS	KGS	DATE SET
114LBS/52KG	AVAILABLE	000	000	00/00/2007
123LBS/56KG	AVAILABLE	000	000	00/00/2007
132LBS/60KG	AVAILABLE	000	000	00/00/2007
148LBS/67.5KG	TRAVIS HOLLIS	192.75	87.5	11/07/2009
165LBS/75KG	AVAILABLE	000	000	00/00/2007
181LBS/82.5KG	AVAILABLE	000	000	00/00/2007
198LBS/90KG	AVAILABLE	000	000	00/00/2007
220LBS/100KG	SLADE RHEAUME	275.5	125	02/06/2010
242LBS/110KG	AVAILABLE	000	000	00/00/2007
275LBS/125KG	AVAILABLE	000	000	00/00/2007
275+LBS/125KG+	AVAILABLE	000	000	00/00/2007

**USA POWERLIFTING CALIFORNIA STATE RECORDS
MEN TEEN (18 – 19) RAW BENCH PRESS (SINGLE-LIFT)**

WT. CLASS	RECORD HOLDER	LBS	KGS	DATE SET
114LBS/52KG	AVAILABLE	000	000	00/00/2007
123LBS/56KG	AVAILABLE	000	000	00/00/2007
132LBS/60KG	AVAILABLE	000	000	00/00/2007
148LBS/67.5KG	LUKE EISENHARDT	209.25	95	02/04/2010
165LBS/75KG	GREG DARNELL	231.25	105	02/06/2010
181LBS/82.5KG	SCOTT SALOMON	165.25	75	02/06/2010
198LBS/90KG	IAN GERBER	292	132.5	02/06/2010
220LBS/100KG	AVAILABLE	000	000	00/00/2007
242LBS/110KG	TERENCE DAVY	303	137.5	02/21/2009
275LBS/125KG	AVAILABLE	000	000	00/00/2007
275+LBS/125KG+	AVAILABLE	000	000	00/00/2007

**USA POWERLIFTING CALIFORNIA STATE RECORDS
MEN JUNIOR (20 – 23) RAW BENCH PRESS (SINGLE-LIFT)**

WT. CLASS	RECORD HOLDER	LBS	KGS	DATE SET
114LBS/52KG	AVAILABLE	000	000	00/00/2007
123LBS/56KG	AVAILABLE	000	000	00/00/2007
132LBS/60KG	TREY LONG	231.25	105	02/21/2009
148LBS/67.5KG	AVAILABLE	000	000	00/00/2007
165LBS/75KG	AVAILABLE	000	000	00/00/2007
181LBS/82.5KG	CHRISTOPHER TREMBLAY	236.75	107.5	02/06/2010
198LBS/90KG	GREG LEWIS	380.25	172.5	02/06/2010
220LBS/100KG	ERIC GARCIA	214.75	97.5	07/18/2009
242LBS/110KG	MYNOR MELGAR	363..75	165	11/07/2007
275LBS/125KG	ERIC SMITH	319.50	145	02/06/2010
275+LBS/125KG+	DAVID ZYSKI JR.	374.75	170	2/21/2009

**USA POWERLIFTING CALIFORNIA STATE RECORDS
MEN MASTER (40 – 44) RAW BENCH PRESS (SINGLE-LIFT)**

WT. CLASS	RECORD HOLDER	LBS	KGS	DATE SET
123LBS/56KG	AVAILABLE	000	000	00/00/2007
132LBS/60KG	AVAILABLE	000	000	00/00/2007
148LBS/67.5KG	AVAILABLE	000	000	00/00/2007
165LBS/75KG	AVAILABLE	000	000	00/00/2007
181LBS/82.5KG	GARY STRASSBERG	242.5	110	11/07/2009
198LBS/90KG	MICHAEL SWEET	286.5	130	11/07/2009
220LBS/100KG	SAM GRAHAM	374.75	170	02/06/2010
242LBS/110KG	JIM CHAABAN	380.25	172.5	02/21/2009
275LBS/125KG	JAMES TOLAND III	457.25	207.5	02/06/2010
275+LBS/125KG+	ROBERT SPENO	457.25	207.5	02/21/2009

**USA POWERLIFTING CALIFORNIA STATE RECORDS
MEN MASTER (45 – 49) RAW BENCH PRESS (SINGLE-LIFT)**

WT. CLASS	RECORD HOLDER	LBS	KGS	DATE SET
123LBS/56KG	AVAILABLE	000	000	00/00/2007
132LBS/60KG	AVAILABLE	000	000	00/00/2007
148LBS/67.5KG	AVAILABLE	000	000	00/00/2007
165LBS/75KG	AVAILABLE	000	000	00/00/2007
181LBS/82.5KG	LANCE SLAUGHTER	341.5	155	7/26/2008
198LBS/90KG	MICHAEL BROWN	258.75	117.5	02/21/2009
220LBS/100KG	STEPHEN HEYL	297.5	135	7/26/2008
242LBS/110KG	JOHN JOHNSON	347	157.5	02/06/2010
148LBS/67.5KG	AVAILABLE	000	000	00/00/2007
275LBS/125KG	CHUCK MCGUIRE	275.5	125	8/30/2008
275+LBS/125KG+	AVAILABLE	000	000	00/00/2007

**USA POWERLIFTING CALIFORNIA STATE RECORDS
MEN MASTER (50 – 54) RAW BENCH PRESS (SINGLE-LIFT)**

WT. CLASS	RECORD HOLDER	LBS	KGS	DATE SET
123LBS/56KG	AVAILABLE	000	000	00/00/2007
132LBS/60KG	KEVIN MESKEW	170.75	77.5	02/21/2009
148LBS/67.5KG	AVAILABLE	000	000	00/00/2007
165LBS/75KG	AVAILABLE	000	000	00/00/2007
181LBS/82.5KG	AVAILABLE	000	000	00/00/2007
198LBS/90KG	LES OERI	358	162.5	02/21/2009
220LBS/100KG	AVAILABLE	000	000	00/00/2007
242LBS/110KG	WAYNE JANDOC	369.25	167.5	02/21/2009
275LBS/125KG	DAVID ANDREWS	407.75	185	02/06/2010
275+LBS/125KG+	AVAILABLE	000	000	00/00/2007

**USA POWERLIFTING CALIFORNIA STATE RECORDS
MEN MASTER (55 – 59) RAW BENCH PRESS (SINGLE-LIFT)**

WT. CLASS	RECORD HOLDER	LBS	KGS	DATE SET
123LBS/56KG	AVAILABLE	000	000	00/00/2007
132LBS/60KG	HOMIYAN SHIVAIE	165.25	75	02/21/2009
148LBS/67.5KG	JERRY MOYLAN	203.75	92.5	02/21/2009
165LBS/75KG	AVAILABLE	000	000	00/00/2007
181LBS/82.5KG	AVAILABLE	000	000	00/00/2007
198LBS/90KG	DAVE CUMMEROW	303	137.5	07/0720/07
220LBS/100KG	AVAILABLE	000	000	00/00/2007
242LBS/110KG	ALVIN WALDON	424.25	192.5	11/07/2009
148LBS/67.5KG	AVAILABLE	000	000	00/00/2007
275LBS/125KG	AVAILABLE	000	000	00/00/2007
275+LBS/125KG+	ODD HAUGEN	385.75	175	11/07/2007

**USA POWERLIFTING CALIFORNIA STATE RECORDS
MEN MASTER (60 – 64) RAW BENCH PRESS (SINGLE-LIFT)**

WT. CLASS	RECORD HOLDER	LBS	KGS	DATE SET
123LBS/56KG	AVAILABLE	000	000	00/00/2007
132LBS/60KG	AVAILABLE	000	000	00/00/2007
148LBS/67.5KG	GORDON SANTEE	214.75	97.5	11/07/2009
165LBS/75KG	GORDON SANTEE	211.5	96	02/06/2010
181LBS/82.5KG	JOHN KILLIN	203.75	92.5	11/07/2009
198LBS/90KG	AVAILABLE	000	000	00/00/2007
220LBS/100KG	AVAILABLE	000	000	00/00/2007
242LBS/110KG	AVAILABLE	000	000	00/00/2007
275LBS/125KG	DAVID MISHALOF	264.5	120	08/16/2008
275+LBS/125KG+	DAVID MISHALOF	292	132.5	03/11/2007

**USA POWERLIFTING CALIFORNIA STATE RECORDS
MEN MASTER (65 – 69) RAW BENCH PRESS (SINGLE-LIFT)**

WT. CLASS	RECORD HOLDER	LBS	KGS	DATE SET
123LBS/56KG	AVAILABLE	000	000	00/00/2007
132LBS/60KG	AVAILABLE	000	000	00/00/2007
148LBS/67.5KG	AVAILABLE	000	000	00/00/2007
165LBS/75KG	AVAILABLE	000	000	00/00/2007
181LBS/82.5KG	AVAILABLE	000	000	00/00/2007
198LBS/90KG	BOB KINSEY	143.25	65	02/06/2010
220LBS/100KG	WILLIAM HILL	336	152.5	02/21/2009
242LBS/110KG	AVAILABLE	000	000	00/00/2007
148LBS/67.5KG	AVAILABLE	000	000	00/00/2007
275LBS/125KG	AVAILABLE	000	000	00/00/2007
275+LBS/125KG+	DENNY FALER	314	142.5	02/21/2009

**USA POWERLIFTING CALIFORNIA STATE RECORDS
MEN MASTER (70 – 74) RAW BENCH PRESS (SINGLE-LIFT)**

WT. CLASS	RECORD HOLDER	LBS	KGS	DATE SET
123LBS/56KG	AVAILABLE	000	000	00/00/2007
132LBS/60KG	AVAILABLE	000	000	00/00/2007
148LBS/67.5KG	ROBERT MATTISON	225.75	102.5	11/07/2009
165LBS/75KG	ROBERT MATTISON	231.25	105	02/21/2009
181LBS/82.5KG	AVAILABLE	000	000	00/00/2007
198LBS/90KG	BOB STRANGE	242.5	110	07/18/2009
220LBS/100KG	BOB STRANGE	253.5	115	02/06/2010
242LBS/110KG	AVAILABLE	000	000	00/00/2007
275LBS/125KG	AVAILABLE	000	000	00/00/2007
275+LBS/125KG+	AVAILABLE	000	000	00/00/2007

**USA POWERLIFTING CALIFORNIA STATE RECORDS
MEN MASTER (75 – 79) RAW BENCH PRESS (SINGLE-LIFT)**

WT. CLASS	RECORD HOLDER	LBS	KGS	DATE SET
123LBS/56KG	AVAILABLE	000	000	00/00/2007
132LBS/60KG	AVAILABLE	000	000	00/00/2007
148LBS/67.5KG	AVAILABLE	000	000	00/00/2007
165LBS/75KG	AVAILABLE	000	000	00/00/2007
181LBS/82.5KG	AVAILABLE	000	000	00/00/2007
198LBS/90KG	AVAILABLE	000	000	00/00/2007
220LBS/100KG	AVAILABLE	000	000	00/00/2007
242LBS/110KG	AVAILABLE	000	000	00/00/2007
148LBS/67.5KG	AVAILABLE	000	000	00/00/2007
275LBS/125KG	AVAILABLE	000	000	00/00/2007
275+LBS/125KG+	AVAILABLE	000	000	00/00/2007

**USA POWERLIFTING CALIFORNIA STATE RECORDS
MEN MASTER (80+) RAW BENCH PRESS (SINGLE-LIFT)**

WT. CLASS	RECORD HOLDER	LBS	KGS	DATE SET
123LBS/56KG	AVAILABLE	000	000	00/00/2007
132LBS/60KG	AVAILABLE	000	000	00/00/2007
148LBS/67.5KG	AVAILABLE	000	000	00/00/2007
165LBS/75KG	AVAILABLE	000	000	00/00/2007
181LBS/82.5KG	AVAILABLE	000	000	00/00/2007
198LBS/90KG	AVAILABLE	000	000	00/00/2007
220LBS/100KG	JAMES WEISS	181.75	82.5	07/26/2008
242LBS/110KG	AVAILABLE	000	000	00/00/2007
275LBS/125KG	AVAILABLE	000	000	00/00/2007
275+LBS/125KG+	AVAILABLE	000	000	00/00/2007